BCOU 201
INTRODUCTION TO BIBLICAL COUNSELING

Professor’s notes*
As of April 21, 2008

*Note: All content provided in the professor’s notes, course chart and course syllabus are based on the professor’s opinion and may vary from professor to professor & student to student. All content may be changed without notice. This information is for the purpose to provide analysis but is not binding in any form.

From a Scale 1-10 (1 = low demands; 5 = moderate demands; 10 = very demanding), How would you rate the overall level of difficulty of this course?

Level of demand = 7
This course could be taken with one other course within an 8-week format with a level 5 or lower difficulty.

From a Scale 1-10 (1 = low demands; 5 = moderate demands; 10 = very demanding), How would you rate the level of the reading requirements in this course?

Level of demand = 5
This course is more lecture intensive than reading intensive. The test questions will come mainly from the lectures. The reading will help with the discussion boards but the lectures will provide most of the learning. However, Discipleship Counseling will need to be read and a 5-7 page paper written. See more below.


From a Scale 1-10 (1 = low demands; 5 = moderate demands; 10 = very demanding), How would you rate the level of the lecture requirements in this course?

Level of demand = 8
The majority of the knowledge from this course will come from the 17 lectures. They are an essential part of the course and necessary in order to pass the tests and participate in the discussion board assignments.

From a Scale 1-10 (1 = low demands; 5 = moderate demands; 10 = very demanding), How would you rate the level of the online exam requirements in this course?

Level of demand = 5
There are two open note/open book tests, a mid-term and final exam, for this course and they cover the material presented in the lecture DVDs and Work Text lecture notes. Each exam is comprised of both multiple-choice and true/false questions. The mid-term is worth 200 points and the final 300 points toward the total grade of 1,000.

From a Scale 1-10 (1 = low demands; 5 = moderate demands; 10 = very demanding), How would you rate the level of the discussion board requirements in this course?
Level of demand = 6

The student will participate in six discussion board forums. Each forum contains two parts, the initial thread and the reply post(s). For the first part, the student will create an initial thread, in which they will respond to the instructor’s prompt. The student’s initial thread will be at least one half to a full page, (approximately 200 words) double-spaced and must be submitted by 11:59 p.m. (ET) Thursday of the corresponding module. For the second part, the student will reply to one or two other students’ posts (see specific number in the DB area) by 11:59 p.m. (ET) Sunday. Reply posts will be 100 words or more in length for each reply. The total points for all DBs is 250 toward the total of 1,000 for the class.

From a Scale 1-10 (1 = low demands; 5 = moderate demands; 10 = very demanding), How would you rate the level of the written paper requirements in this course?

Level of demand = 5

Students will read Discipleship Counseling and will write a 5–7 page paper. The paper will detail at least three major themes that the student took away from the book. The student must support this paper with a minimum of 3 additional sources, which must be cited correctly, according to APA’s 5th edition manual. This assignment is worth 250 points towards the student’s final grade and must be submitted no later than 11:59 p.m. (ET) Sunday of Module/Week 5

Additional comments:

Summary:
17 – 50 minute lectures with study notes
One 5-7 page paper on three major themes of the book Discipleship Counseling
6 Discussion Boards
COURSE SYLLABUS

SCHOOL OF RELIGION

BCOU 201
INTRODUCTION TO BIBLICAL COUNSELING

COURSE DESCRIPTION

This course serves as an introduction to biblical counseling and helping ministry with special attention given to tough issues that pain today’s generations, the modern-day search for answers, and the biblical basis for a counseling ministry.

RATIONALE

This course is designed to educate, equip, and serve those helping in Christian ministries, delivering essential knowledge and skill to help students become proficient in helping within Christian ministry. The aim of this course is three-fold. First, this course aims to give those ministering to others basic resources and knowledge, especially in the areas of need outside their own experience; secondly, this course aims to provide a body of material that will inspire, challenge, and enhance the everyday lives of those being helped; and thirdly, this course aims to bless anyone who wants to grow in Christ and seek God’s best in their life.

I. PREREQUISITES

None.

II. REQUIRED RESOURCE PURCHASES


III. ADDITIONAL MATERIALS FOR LEARNING

A. Computer with basic audio and video equipment

B. Internet access (broadband recommended)

C. Microsoft Word
   (Microsoft Office is available at a special discount to LU students.)
IV. **Measurable Learning Outcomes**

Upon successful completion of this course, the student will be able to:

A. Develop a general awareness of the breadth of tough issues facing today’s generations.
B. Conduct an effective helping ministry.
C. Build a general framework of the skills needed to perform a basic ministry in Christian counseling.
D. Identify patterns of faulty thinking.
E. Teach others how intimacy with God transforms relationships.
F. Discuss what the Bible teaches about helping people meet the challenges related to change.
G. Construct a program to help others with anger management.
H. Provide hope-focused marriage counseling.
I. Establish proper sexual dialogue while maintaining clear sexual boundaries.

V. **Course Requirements and Assignments**

A. Textbook readings and DVD viewings with lecture notes
B. Discussion Board forums (6)

The student will participate in six discussion board forums. Each forum contains two parts, the initial thread and the reply post(s). For the first part, the student will create an initial thread, in which they will respond to the instructor’s prompt. The student’s initial thread will be at least one half to a full page, (approximately 200 words) double-spaced and must be submitted by 11:59 p.m. (ET) Thursday of the corresponding module. For the second part, the student will reply to one or two other students’ posts (see specific number in the DB area) by 11:59 p.m. (ET) Sunday. Reply posts will be 100 words or more in length for each reply. The grade breakdown for the DB forums is listed below.

C. Paper

After reading *Discipleship Counseling*, the student will write a 5–7 page paper. The paper will detail at least three major themes that the student took away from the book. The student must support this paper with a minimum of 3 additional sources, which must be cited correctly, according to APA’s 5th edition manual. This assignment is worth 250 points towards the student’s final grade and must be submitted no later than 11:59 p.m. (ET) Sunday of Module/Week 5. For specific details regarding this paper, see About Your Course>Course Overview and Guide>Essential Elements.

D. Exams (2)

The student will take two exams, a Mid-term in Module/Week 4 and a Final in Module/Week 8. The Mid-term will cover Modules 1–4, and the Final will cover Modules 5–8. The student will have one hour and twenty minutes to complete each exam. Both exams will open-book and open-
notes and will contain eighty multiple-choice and true/false questions. The Mid-term will be worth 200 points towards the student’s final grade and the Final will be worth 300 points towards the student’s final grade.

VI. COURSE GRADING AND POLICIES

A. Points
- DB forums 1 & 2 (30 pts ea) 60
- DB forum 3 40
- DB forums 4–6 (50 pts ea) 150
- Discipleship Paper 250
- Mid-term (Modules 1–4) 200
- Final (Modules 5–8) 300

**Total** 1000

B. Scale
- A = 920–1000
- B = 840–919
- C = 740–839
- D = 650–739
- F = 0–649

C. Disability Assistance

Students with a documented disability may contact the DLP Office of Disability Academic Support (ODAS) at dlpodas@liberty.edu to make arrangements for academic accommodations.
# COURSE CHART

**BCOU 201**


<table>
<thead>
<tr>
<th>WEEK/MODULE</th>
<th>READING &amp; STUDY</th>
<th>LEARNING ACTIVITIES</th>
<th>POINTS</th>
<th>DATE DUE</th>
</tr>
</thead>
</table>
| 1           | Ch. 1: Clinton & Ohlschlager  
DVD: BICO 101 & 102  
2 Sets of BICO Notes | Introduction DB forum  
DB forum 1 | 0 | 30 |
| 2           | Ch. 2: Clinton & Ohlschlager  
DVD: BICO 104 & 201  
2 Sets of BICO Notes | DB forum 2 | 30 |
| 3           | Ch. 3: Clinton & Ohlschlager  
DVD: BICO 103 & 202  
2 Sets of BICO Notes | DB forum 3 | 40 |
| 4           | Ch. 4: Clinton & Ohlschlager  
DVD: BICO 203 & 504  
2 Sets of BICO Notes  
Begin: *Discipleship Counseling* | MID-TERM EXAM | 200 |
| 5           | Ch. 6: Clinton & Ohlschlager  
DVD: BICO 205 & 401  
2 Sets of BICO Notes  
Entire Book: *Discipleship Counseling* | DB forum 4  
Discipleship Paper | 50 | 250 |
| 6           | Ch. 10: Clinton & Ohlschlager  
DVD: BICO 105 & 405  
2 Sets of BICO Notes | DB forum 5 | 50 |
| 7           | DVD: BICO 301, 303, & 403  
3 Sets of BICO Notes | DB forum 6 | 50 |
| 8           | Ch. 13: Clinton & Ohlschlager  
DVD: BICO: 303 & 404  
2 Sets of BICO Notes | FINAL EXAM | 300 |
| **TOTAL**   |                  |                     |       | **1000** |

DB= Discussion Board  
BICO = Biblical Counseling