93% of employers use LinkedIn

Health Professions

Exercise Science
Cardiac Rehabilitation Specialist
Chiropractor**
Clinical Exercise Specialist*
Exercise Physiologist
Fitness Program Coordinator
Fitness Trainer
Group Fitness Instructor*
Health Fitness Specialist*
Inclusive Fitness Trainer*
Occupational Therapist**
Physical Therapist Assistant

Exercise Science (cont)
Physical Therapist**
Physician Assistant**
Sports Biomechanics Researcher**
Strength & Conditioning Coach*

Athletic Training
Sports Biomechanics Researcher**
Biomechanics**
Chiropractor**
Physical Therapist Assistant**

Kinesiology
Athletic Administrator
Athletic Coach
Athletic Marketing Specialist
Athletic Sales Representative
Fitness Instructor*
Health and Physical Education Teachers
Strength and Conditioning Coach*
Youth Camp or Sports Camp Director

Health Promotion
Corporate Health Educator
Environmental Health Educator
Epidemiologist**
Global Health Educator
Health Policy Analyst or Manager**
Healthcare Educator
Occupational Therapist**
Physical Therapist**
Physician Assistant**

Strategies for Success

• Sign up for an entry-level class to discover what you enjoy. Talk to professionals in the field(s) you are interested in to find out the best and most challenging aspects of a job. If you need help finding a professional, contact your Career Counselor.

• Set yourself apart from other job seekers by completing multiple internships and volunteer opportunities. Develop strong oral and written communication skills as well as leadership, teamwork, and computer skills.

• Choose volunteer opportunities that allow you to work in a wide range of fields and will give you a better understanding of possible careers.

• Supplement your program with advanced science or health courses, or minor in a science.

• Find out if your career field will require extra education or certifications. Common certifications, graduate, and doctoral degrees include: Doctor of Physical Therapy (D.P.T.), a master’s or doctorate in Occupational Therapy (M.S.O.T., O.T.D. respectively), Doctor of Chiropractic (D.C.), Master of Physician Assistant (M.P.A.), Master of Science in Kinesiology/Athletic Training, Master of Science in Sport Management, Master of Business Administration in Athletic Administration, and Certified Strength and Conditioning Specialist (N.A.S.M., N.S.C.A.).

Applications
National Commission for Health Education Credentialing
www.NCHEC.org
National Strength and Conditioning Association
www.NSCA-Lift.org
American College of Sports Medicine
www.ACSM.org
American Society of Exercise Physiologists
www.ASEP.org
National Health and Exercise Science Association
www.NHESA.org

Holland Codes

The Holland Code system connects individuals with the career field that best fits their personality. The system scores the test taker on six separate scales: Realistic (R), Investigative (I), Artistic (A), Social (S), Enterprising (E), and Conventional (C). The two or three highest scores represent an individual’s strongest attributes. Here are a few examples of positions associated with this major:

- Fitness Trainer (SRE)
- Physical Therapist (SRI)
- Physician Assistant (ISA)
- Physical Therapist Assistant (SRC)
- Chiropractor (IRS)
- Athletic Coach (ERS)
- Occupational Therapist (SIC)
- Occupational Therapy Assistant (SRA)
- Athletic Trainer (SRI)
- Epidemiologists (IRS)

The FOCUS 2 Career Assessment utilizes these Holland Codes and is a free resource to Liberty students. Assessment results are matched to career options and majors offered at Liberty. To access this free resource visit www.Liberty.edu/Focus2.

Resources

On-Campus and Local Resources
- Visit the Christian Service web page to learn about potential volunteer opportunities. Students have volunteered in: athletics departments, local high school athletic departments, and summer camps.
- Opportunities in the Lynchburg community include the Blue Ridge Crisis Pregnancy Center, the Godparent Home, or Centra Health.

Online Resources
Visit the websites of the following organizations:
ACSM Certification
ACE Certifications
American Physical Therapy Association
National Strength and Conditioning Association
American Physiological Society
National Association for Youth Sports
American Chiropractic Association
International Chiropractors Association
American Association of Physicians Assistants
Physicians Assistant Education Association
National Collegiate Athletic Association
National Academy of Sports Medicine
Gatorade Sport Science Institute
National Athletic Trainers Association
American Occupational Therapy Association
Athletes in Action

The Washington Fellowship
Consider spending a semester doing an internship with The Washington Fellowship. Potential internship sites may include the Washington Capitolts, Washington Wizards, Washington Redskins, and The Verizon Center, among others. To learn more visit: www.Liberty.edu/Washington.

Sample Résumé
For a variety of sample résumés visit the Liberty University Career Center.