COURSE SYLLABUS
APP 2100
FAMILY & CONSUMER SCIENCE

COURSE DESCRIPTION

This course is designed to establish foundational skills to provide the student with the basic understanding of the major aspects of family life using a multidimensional approach. Units include instruction for successful living, while analyzing basic proficiency levels in food and nutritional fitness, international cuisine, clothing, fashion and textiles, relationships, child development, family living, and interior design. In addition, students will learn about life skills which include college financial aid, financial investments, and living on their own. The first semester focuses on culinary arts, and the second semester focuses on living skills, all presented from a Biblical perspective.

PREREQUISITES

None.

RATIONALE

This course is relevant to students who will someday be out on their own working and living in their community. They will utilize the lessons and hands-on lab experience which takes a practical and enjoyable approach to a comprehensive study in life management skills. Students will benefit by a Biblical approach to culinary arts, nutrition, healthy lifestyles, and entertaining. It is important for the student to learn responsible financial practices and reasonable expectations in major purchases. Students will profit from the emphasis of Godly relationships when they are out on their own especially when considering a future mate. Practical information about daily life tasks such as decorating a home, making wise financial decisions, and obtaining financial aid for college, will help make these decisions easier for the student.

Studies in child care and development, and lessons on basic first aid will be a foundation upon which the student can build. Developing good, honest relationships with friends, employers, extended family members, and church friends will help the student establish life-long bonds founded on God's Word, and establishing a pure relationship with god will pave the way for successful living.

MEASURABLE LEARNING OUTCOMES
The student will be able to:

1. Identify the basic food groups and the recommended daily allowances from each
2. Describe the major food-borne illnesses, how they are transmitted, and how they can be avoided
3. Discuss the general first aid procedures for common dangers in the kitchen and household
4. Plan nutritious meals and menus for variety in nutrients, texture, color, and taste
5. Identify standard tools of the kitchen, the functions of each, and the care and use of kitchen appliances, both large and small
6. Prepare basic recipes from each of the food categories and substitute ingredients in recipes when necessary
7. Discuss basic grooming habits, style and fashion, basic clothing construction, and textile manufacturing and care
8. Identify fundamental architectural design, furniture design, and interior design of home and office
9. Recognize and identify a Godly relationship relating to friendships, dating, courtship, and marriage
10. Discuss familial relationships and responsibilities of being a family member
11. Identify the needs for care of babies, children, the elderly, and those who need assistance regarding medical issues
12. Identify the aspects of living away from home regarding college, career, military, or trade school
13. Recognize the need for sound financial practices including investments, obtaining financial aid for higher education, and tithing
14. Plan for career choices and basic etiquette
15. Learn basic cyber-space protocol

**COURSE REQUIREMENTS AND ASSIGNMENTS**

Daily assignments (several per module)

1. Individual lesson assessments (1 per lesson)
2. One (1) Quiz per Section
3. Various Assignments and Labs per Unit
4. One (1) Test per Unit
5. One (1) Final Exam

**COURSE GRADING AND POLICIES**

Grading Weights

<table>
<thead>
<tr>
<th>Component</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesson Assignments</td>
<td>25%</td>
</tr>
<tr>
<td>Quizzes and Written Assignments</td>
<td>35%</td>
</tr>
<tr>
<td>Tests</td>
<td>40%</td>
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</tbody>
</table>
Scale

A  93 – 100
B  85 – 92
C  77 – 84
D  70 – 76
F  Below 70

Other Policies

Academic Misconduct

See pages 32-35 of your Student Handbook

Repeating Assignments

Students may repeat lesson assessments only one time (total of 2 attempts). Quizzes and tests are not repeated. Only one attempt is allowed.