Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.
COURSE SYLLABUS

SUBS 609
HEALTHY SEXUALITY

COURSE DESCRIPTION
This course provides a foundational understanding of healthy sexuality based on a psychological and Scriptural foundation. Special attention is given to foundations of sexual development, sexual enrichment, challenges, brokenness, and controversial issues surrounding healthy sexuality.

RATIONALE
Our pressing concern at the inception of course is that God cares about how we perceive, understand, and behave in regards to our sexuality. This course seeks to meet that challenge by equipping students to biblically guide individuals towards healthy sexuality.

I. PREREQUISITES
For information regarding prerequisites for this course, please refer to the Academic Course Catalog.

II. REQUIRED RESOURCE PURCHASES
Click on the following link to view the required resource(s) for the term in which you are registered: http://bookstore.mbsdirect.net/liberty.htm

III. ADDITIONAL MATERIALS FOR LEARNING
A. Computer with basic audio/video output equipment
B. Internet access (broadband recommended)
C. Microsoft Word
   (Microsoft Office is available at a special discount to Liberty University students.)
D. Financial Professional Life Coaching Text Lecture Notes

IV. MEASURABLE LEARNING OUTCOMES
Upon successful completion of this course, the student will be able to:
A. Identify the major sexual problems facing today's churches and the origins of modern sexual distortions.
B. Describe God's plan for a person's love life from first attraction through each married season of life.
C. Recognize the miracle of sexuality and reproduction, and understand the basic biology of sexual differentiation.
D. Understand the biblical and theological parameters that attend to adolescent sexuality, romantic relationships, and dating.
E. Recognize the categories and specific diagnoses of sexual dysfunction.
F. Identify and implement intervention strategies for sex offenders and victims.

V. COURSE REQUIREMENTS AND ASSIGNMENTS

A. Textbook readings and lecture presentations/notes

B. Course Requirements Checklist

After reading the Syllabus and Student Expectations, the student will complete the related checklist found in Module/Week 1.

C. Discussion Board Forums (8)

The student will complete 8 Discussion Board Forums that specifically relate to weekly readings. Each forum will be completed in 2 parts: 1) the student will submit a thread of at least 250 words in response to the question provided, and 2) the student will reply to at least 3 other classmates’ threads (150 word minimum each).

D. 4-MAT Review Paper

The student will write a 5–6-page 4-MAT Paper on Hooked: New Science on how casual sex is affecting our children. This assignment requires the student to interact with new ideas on several levels. The 4-MAT Paper will cover the entire text by McIlhaney and McKissic Bush and incorporate the following areas: summary, response, reflection, and personal application. Papers must be written in current APA format, including a title page and reference page.

E. Truth in Media Paper

The student will identify a theme regarding sexuality propagated in the media in order to evaluate its veracity against the content presented in the course. The student will collect 15 current articles on the topic and write a 15-page paper. The paper will summarize the content, compare and contrast with the course material, and provide practical applications for the therapeutic context. Papers must be written in current APA format, including a title page, abstract, and reference page.

F. Exams (5)

The student will complete 5 exams which are cumulative and cover the material presented in the presentations and Work Text lecture notes. Each exam is open-book/open-notes, comprised of 50 multiple-choice and true/false questions, and has a time limit of 1 hour.

VI. COURSE GRADING AND POLICIES

A. Points

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Requirements Checklist</td>
<td>10</td>
</tr>
<tr>
<td>Discussion Board Forums (8 at 25 pts ea)</td>
<td>200</td>
</tr>
</tbody>
</table>
4-MAT Review Paper 100
Truth in Media Paper 200
Exams (5 at 100 pts ea) 500
Total 1010

B. Scale
D- = 680–699   F = 679 and below

C. Late Assignment Policy
If the student is unable to complete an assignment on time, then he or she must contact the instructor immediately by email.
Assignments that are submitted after the due date without prior approval from the instructor will receive the following deductions:

1. Late assignments submitted within one week of the due date will receive a 10% deduction.
2. Assignments submitted more than one week late will receive a 20% deduction.
3. Assignments submitted two weeks late or after the final date of the class will not be accepted.
4. Late Discussion Board threads or replies will not be accepted.

Special circumstances (e.g. death in the family, personal health issues) will be reviewed by the instructor on a case-by-case basis.

D. Tests/Exams

1. For timed tests/exams the student is required to complete the exam within the assigned time. For students who exceed this time limit a penalty of 5 points will be deducted for each minute they exceed the assigned time limit.
2. The student must take the exam during the assigned module. A 5% deduction from the tests final grade will be assigned for each day the test is late.
3. No test will be accepted seven (7) days after original due date without written approval from the instructor. This approval must be sought prior to tests due date.

E. Dual Relationship
The faculty is responsible to interact with counseling students in a supervisory capacity/role. As such, faculty may provide students professional principles, guidance, and recommendations as it relates to the context of the student-client setting. The faculty is responsible to avoid dual relationships with students such
as entering a student-counselor or student-pastor relationship. Thus, the faculty
does not provide personal counseling addressing student personal problems. If a
faculty member perceives that a student is in need of personal or professional
counseling, then that faculty member will recommend that the student pursue
either pastoral or professional assistance from a counselor in their community.

F. Limits of Confidentiality

In the event of a student’s disclosure, either verbally or in writing, of threat of
serious or foreseeable harm to self or others, abuse or neglect of a minor, elderly
or disabled person, or current involvement in criminal activity, the faculty, staff,
administrator, or supervisor will take immediate action. This action may include,
but is not limited to, immediate notification of appropriate state law enforcement
or social services personnel, emergency contacts, and notification of the
appropriate program chair or online dean. The incident and action taken will
become part of the student’s permanent record.

G. Disability Assistance

Students with a documented disability may contact Liberty University Office’s of
Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make
arrangements for academic accommodations. Further information can be found
at www.liberty.edu/disabilitysupport.
## COURSE SCHEDULE

**SUBS 609**


<table>
<thead>
<tr>
<th>MODULE/WEEK</th>
<th>READING &amp; STUDY</th>
<th>ASSIGNMENTS</th>
<th>POINTS</th>
</tr>
</thead>
</table>
| 1           | Balswick & Balswick: chs. 1–2  
McIlhaney & McKissic Bush: chs. 1–2  
4 presentations  
1 lecture note | Course Requirements Checklist  
DB Forum 1 | 10  
25 |
| 2           | Balswick & Balswick: chs. 3–4  
McIlhaney & McKissic Bush: chs. 3–4  
4 presentations  
2 lecture notes | DB Forum 2  
Exam 1 | 25  
100 |
| 3           | Balswick & Balswick: chs. 5–6  
McIlhaney & McKissic Bush: chs. 5–6  
4 presentations  
1 lecture note | DB Forum 3  
Exam 2 | 25  
100 |
| 4           | Balswick & Balswick: chs. 7–8  
McIlhaney & McKissic Bush: ch. 7  
4 presentations  
1 lecture note | DB Forum 4  
4-MAT Review Paper | 25  
100 |
| 5           | Balswick & Balswick: chs. 9–10  
4 presentations  
2 lecture notes | DB Forum 5  
Exam 3 | 25  
100 |
| 6           | Balswick & Balswick: chs. 11–12  
4 presentations  
1 lecture note | DB Forum 6  
Exam 4 | 25  
100 |
| 7           | Balswick & Balswick: chs. 13–14  
4 presentations  
1 lecture note | DB Forum 7  
Truth in Media Paper | 25  
200 |
| 8           | Balswick & Balswick: chs. 15–16  
2 presentations  
1 lecture note | DB Forum 8  
Exam 5 | 25  
100 |
| **TOTAL**   |                                                                                 |                                                  | **1010** |

DB = Discussion Board

**NOTE:** Each course week begins on Monday morning at 12:00 a.m. (ET) and ends on Sunday night at 11:59 p.m. (ET). The final week ends at 11:59 p.m. (ET) on Friday.