Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.
COURSE SYLLABUS

SUBS 607
TREATMENT AND THE RECOVERY PROCESS

COURSE DESCRIPTION
This course includes a thorough examination of the treatment models of addiction, recovery, and relapse. Students will explore the treatment outcome research, begin treatment planning, and gain a working understanding of the culture of addiction and recovery. This is in essence an experiential class, with a combination of reading, exercises, and hands on experience in the recovery area.

RATIONALE
This course is designed to equip the student with the theoretical basis of treatment and the ability to clinically assess and design a treatment plan for individuals with substance-related problems. In addition, the student will be exposed to the most common approach to treatment of addictions: a 12-step meeting. By attending AA/NA/12-step meetings, the student will begin to gain a working knowledge of the dynamics of the recovery culture and be able to assess the dynamics that work and do not work.

I. PREREQUISITE
For information regarding prerequisites for this course, please refer to the Academic Course Catalog.

II. REQUIRED RESOURCE PURCHASES
Click on the following link to view the required resource(s) for the term in which you are registered: http://bookstore.mbsdirect.net/liberty.htm

III. ADDITIONAL MATERIALS FOR LEARNING
A. Computer with basic audio and video equipment
B. Internet access (broadband recommended)
C. Microsoft Office

IV. MEASURABLE LEARNING OUTCOMES
Upon successful completion of this course, the student will be able to:
A. Appraise the different theoretical concepts of treatment.
B. Evaluate current theories and terminology associated with treatment.
C. Appraise the treatment outcome research.
D. Analyze clinical features of relapse.
E. Contrast the difference between the different treatment approaches.
F. Identify features of relapse risks.

V. COURSE REQUIREMENTS AND ASSIGNMENTS

A. Textbook readings and lecture presentations
B. Course Requirements Checklist

After reading the Course Syllabus and Student Expectations, the student will complete the related checklist found in Module/Week 1.

C. Discussion Board Forums (5)

Discussion boards are collaborative learning experiences. The Discussion Board Forums give the student an opportunity to show his/her ability to analyze and critically think through what he/she has observed in his/her AA meetings* and how it relates to the readings. Threads must contain at least 600 words and replies must contain at least 200 words (MLO: A, B, D, E, F).

*The student will be required to attend 6 consecutive AA meetings.

D. Screening/Assessment Essay

There will be a Screening/Assessment Essay. This essay must be 2 pages with current APA formatting: margins, spacing, citations, and reference page (MLO: A, B, C, E).

E. Treatment Plan

The student will be required to read the case history on Sally Smith and complete a diagnosis, write a summary, and develop a treatment plan. He/she will make sure to include pertinent information used to develop the treatment plan in the summary and address all diagnostic features in the treatment plan. The student will also make sure to attend to potential relapse issues (MLO: A, B, C, D, E, F).

F. Final Assessment Project

A thorough assessment will be due in the end of this course. This assessment will be completed on a character/person the student read about, watched a movie on, or interviewed. He/she will write up the case history and then design a personalized treatment plan using Perkinson et al. The student will make sure to include any pertinent information in the case history so the treatment plan is clearly justified. The student must also consider relapse issues while designing the treatment plan (MLO: A, B, C, D, E, F).

G. Tests (5)

The student will take 5 open-book/open-notes, multiple-choice and true/false tests over the previous modules/weeks’ readings and videos (MLO: A, B, C, D, E, F).
Course Requirements Checklist 10
Discussion Board Forums (5 at 50 pts ea) 250
Screening/Assessment Essay 50
Treatment Plan 50
Final Assessment Project 150
Tests (5 at 100 pts ea) 500
Total 1010

B. Scale

D- = 680–699  F = 0–679

C. Late Assignment Policy

If the student is unable to complete an assignment on time, then he or she must contact the instructor immediately by email.

Assignments that are submitted after the due date without prior approval from the instructor will receive the following deductions:

1. Late assignments submitted within one week of the due date will receive a 10% deduction.

2. Assignments submitted more than one week late will receive a 20% deduction.

3. Assignments submitted two weeks late or after the final date of the course will not be accepted.

4. Late Discussion Board threads or replies will not be accepted.

Special circumstances (e.g. death in the family, personal health issues) will be reviewed by the instructor on a case-by-case basis.

D. Tests/Exams

1. For timed tests/exams students are required to complete the exam within the assigned time. For students who exceed this time limit a penalty of 5 points will be deducted for each minute they exceed the assigned time limit.

2. Students must take the exam during the assigned module/week. A 5% deduction from the tests final grade will be assigned for each day the test is late.

3. No test will be accepted seven (7) days after original due date without written approval from the professor. This approval must be sought prior to tests due date.

E. Dual Relationship

The faculty is responsible to interact with counseling students in a supervisory capacity/role. As such, faculty may provide students professional principles,
guidance, and recommendations as it relates to the context of the student-client setting. The faculty is responsible to avoid dual relationships with students such as entering a student-counselor or student-pastor relationship. Thus, the faculty does not provide personal counseling addressing student personal problems. If a faculty member perceives that a student is in need of personal or professional counseling, then that faculty member will recommend that the student pursue either pastoral or professional assistance from a counselor in their community.

F. Limits of Confidentiality

In the event of a student’s disclosure, either verbally or in writing, of threat of serious or foreseeable harm to self or others, abuse or neglect of a minor, elderly or disabled person, or current involvement in criminal activity, the faculty, staff, administrator, or supervisor will take immediate action. This action may include, but is not limited to, immediate notification of appropriate state law enforcement or social services personnel, emergency contacts, and notification of the appropriate program chair or online dean. The incident and action taken will become part of the student’s permanent record.

G. Disability Assistance

Students with a documented disability may contact Liberty University Online’s Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.
## Course Schedule

**Subs 607**


<table>
<thead>
<tr>
<th>Module/Wk</th>
<th>Reading &amp; Study</th>
<th>Assignments</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Doweiko (2015): chs. 21–22, 34, review chs. 1–20, 23–26 6 presentations</td>
<td>Course Requirements Checklist Class Introductions DB Forum I Find an open AA Meeting</td>
<td>10 0 50 0</td>
</tr>
<tr>
<td>2</td>
<td>Doweiko (2015): chs. 29–30 Hester and Miller (2003): chs. 1–2 1 presentation</td>
<td>DB Forum 2 1st AA Meeting Test I</td>
<td>50 0 100</td>
</tr>
<tr>
<td>4</td>
<td>Clinton and Scalise (2013): chs. 31–38 Hester and Miller (2003): ch. 4 3 presentations</td>
<td>3rd AA Meeting Test II</td>
<td>0 100</td>
</tr>
<tr>
<td>7</td>
<td>Doweiko (2015): chs. 23, 35–37 Hester and Miller (2003): ch. 9 3 presentations</td>
<td>DB Forum 4 6th AA Meeting Test IV</td>
<td>50 0 100</td>
</tr>
</tbody>
</table>

**Total:** 1010

DB = Discussion Board

**Note:** Each course module/week begins on Monday morning at 12:00 a.m. (ET) and ends on Sunday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on Friday.