Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.
COURSE SYLLABUS

PSYC 371
THEORIES OF COUNSELING AND PSYCHOThERAPY

COURSE DESCRIPTION
The principal current theoretical approaches to counseling and psychotherapy represented and evaluated. Exploration of techniques and methods in group and individual counseling.

RATIONALE
It is the purpose of this course to aid the student in developing a personal eclectic approach to counseling and psychotherapy. This will be accomplished by studying the origin, history, and nature of the various movements that have occurred within the fields of counseling and psychotherapy and by surveying current, highly regarded Christian and secular theories to identify the features of each that are best suited for inclusion in the student’s own personal model of counseling.

I. PREREQUISITES
For information regarding prerequisites for this course, please refer to the Academic Course Catalog.

II. REQUIRED RESOURCE PURCHASES
Click on the following link to view the required resource(s) for the term in which you are registered: http://bookstore.mbsdirect.net/liberty.htm

III. ADDITIONAL MATERIALS FOR LEARNING
A. Computer with basic audio/video output equipment
B. Internet access (broadband recommended)
C. Microsoft Word
   (Microsoft Office is available at a special discount to Liberty University students.)

IV. MEASURABLE LEARNING OUTCOMES
Upon successful completion of this course, the student will be able to:

A. Demonstrate an understanding of the preparation necessary for entry into a counseling position.
B. Demonstrate the ability to define a theory.
C. Demonstrate an understanding of how counseling and psychotherapy are related to psychology.
D. Demonstrate an understanding of how theology and philosophy provide a theory of counseling and psychotherapy with its essential ingredients.

E. Demonstrate an understanding of the major thinkers who have influenced the development of counseling and psychotherapeutic theory.

F. Demonstrate an understanding of systematic eclecticism and integration.

G. Demonstrate an understanding of the presuppositions that underlie the various theories of counseling and psychotherapy.

H. Demonstrate an understanding of the counseling team and process: Christ, the circumstances, the counselee, the counselor, the conversation, and change.

I. Demonstrate an understanding of the wide range of Christian and secular theories of counseling and psychotherapy and to each theory’s process and techniques.

J. Demonstrate an ability to analyze and evaluate each theory and select components that can be incorporated into one’s own model of counseling and psychotherapy.

K. Demonstrate an understanding of the various areas in which counseling and psychotherapy skills can be applied.

V. COURSE REQUIREMENTS AND ASSIGNMENTS

A. Textbook readings and lecture presentations/notes

B. Course Requirements Checklist

After reading the Course Syllabus and Student Expectations, the student will complete the related checklist found in Module/Week 1.

C. Discussion Board Forums (6)

Discussion boards are collaborative learning experiences. For each of the 6 Discussion Board Forums, the student will write a substantive thread of 200–250 words in response to questions posed by the instructor. Replies of 50–100 words will then be written to at least 2 other classmates’ threads. Current APA format is required.

D. Course Paper

The student will write a paper on any of the theories studied in this course. The paper must be 7–10 pages, not including title page, abstract, references page, and grading rubric. Current APA format is required.

E. References Page

The student will create a References Page for the Course Paper. The references on this page must include at least 5 scholarly, empirical, current sources that are directly related to level headings of the paper. The student can use research articles or books. No Wiki’s. The References Page must be formatted in current APA style.

F. Tests (5)
The student will complete 5 tests, each consisting of 50 multiple-choice questions covering the textbook readings and presentations. All tests are open-book/open-notes. All tests will have a 105-minute time limit.

VI. COURSE GRADING AND POLICIES

A. Points

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<th>Item</th>
<th>Points</th>
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<tr>
<td>Course Requirements Checklist</td>
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<tr>
<td>Discussion Board Forums (6 at 35 pts ea)</td>
<td>210</td>
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<td>References Page</td>
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<tr>
<td>Course Paper</td>
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<tr>
<td>Tests (5 at 110 pts ea)</td>
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<td><strong>Total</strong></td>
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B. Scale

A = 900–1010  B = 800–899  C = 700–799  D = 600–699  F = 0–599

C. Late Assignment Policy

If the student is unable to complete an assignment on time, then he or she must contact the instructor immediately by email. Assignments that are submitted after the due date without prior approval from the instructor will receive the following deductions:

1. Late assignments submitted within one week of the due date will receive a 10% deduction.
2. Assignments submitted more than one week late will receive a 20% deduction.
3. Assignments submitted two weeks late or after the final date of the course will not be accepted.
4. Late Discussion Board threads or replies will not be accepted.

Special circumstances (e.g. death in the family, personal health issues) will be reviewed by the instructor on a case-by-case basis.

D. Disability Assistance

Students with a documented disability may contact Liberty University Online’s Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.
COURSE SCHEDULE

PSYC 371


<table>
<thead>
<tr>
<th>MODULE/ WEEK</th>
<th>READING &amp; STUDY</th>
<th>ASSIGNMENTS</th>
<th>POINTS</th>
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**TOTAL** 1010

DB = Discussion Board

**NOTE:** Each course week (except week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final week ends at 11:59 p.m. (ET) on Friday.