IC4A/ECAC History

IC4A Top Team Finishes

Indoor	Runner-Up: 2008, 2011 (Tie)
	3rd: 2016
	Tie for 3rd: 1998, 2010
Outdoor	Champions: 1996, 2007 & 2008
	Runner-Up: 1994, 1995, 1997, 1999, 2000, 2009 & 2010

IC4A Event Champions

Listed By Meet

1992 Outdoor	Ryan Werner	Decathlon
1993 Outdoor	Todd Pettyjohn	Decathlon & Pole Vault
1994 Indoor	Todd Pettyjohn	Pole Vault
	Jacob Swinton	55
1994 Outdoor	Kevin Coley	Long Jump
	Jacob Swinton	100 & 200
	Ryan Werner	Decathlon
1995 Outdoor	Kevin Coley	Long Jump
	Ryan Werner	Decathlon
1996 Outdoor	John Marriott	4 x 100 Relay
	Carlton McDuffie	4 x 100 Relay
	Pete McFadden	4 x 100 Relay
	Jacob Swinton	4 x 100 Relay
	Ryan Werner	Decathlon & Pole Vault
1997 Indoor	Chris McGregor	3K
1997 Outdoor	Carlton McDuffie	400
	Michael Prettyman	Pole Vault
1998 Outdoor	Chris McGregor	Steeplechase
1999 Indoor	Michael Decker	200
	Ken Howell	Pole Vault
1999 Outdoor	Michael Decker	400 & 4 x 100 Relay
	James Johnson	Decathlon
	Brian Sale	4 x 100 Relay
	Marlon Tanner	4 x 100 Relay
	Jeremy Wagner	4 x 100 Relay
2000 Indoor	Michael Decker	400
2000 Outdoor	Michael Decker	200 & 400
	Josh Jones	Decathlon
2001 Indoor	Michael Decker	400
2001 Outdoor	Michael Decker	400
2004 Outdoor	Chad Wilson	Long Jump
2005 Indoor	Josh McDougal	3K
2005 Outdoor	Brandon Hoskins	Decathlon
2006 Indoor	Josh McDougal	3K
2006 Outdoor	Josh McDougal	10K
2007 Indoor	Josh McDougal	5K
2007 Outdoor	Jon Hart	Hammer
	Brandon Hoskins	Decathlon
	Josh McDougal	1,500, 5K & 10K

2008 Indoor	Jon Hart	Weight
	Brandon Hoskins	Heptathlon
2008 Outdoor	Jon Hart	Hammer
	Daniel Newell	Decathlon
2009 Outdoor	Sam Chelanga	5K
	Daniel Newell	Decathlon
	Matt Parker	High Jump
2010 Indoor	Evans Kigen	5K
	Clarence Powell	High Jump
2010 Outdoor	Sam Chelanga	5K
	Evans Kigen	Steeplechase
2011 Indoor	Taylor Courtney	500
2011 Outdoor	Geren Woodbridge	Decathlon
2013 Outdoor	Josh MacDonald	Steeplechase
	Isaac Wendland	1,500
2017 Indoor	Zach Davis	Heptathlon
	Azaria Kirwa	5K

Listed By Athlete

Sam Chelanga	2009 Outdoor 5K
	2010 Outdoor 5K
Kevin Coley	1994 Outdoor Long Jump
	1995 Outdoor Long Jump
Taylor Courtney	2011 Indoor 500
Zach Davis	2017 Indoor Heptathlon
Michael Decker	1999 Indoor 200
	1999 Outdoor 400
	1999 Outdoor 4 x 100
	2000 Indoor 400
	2000 Outdoor 200
	2000 Outdoor 400
	2001 Indoor 400
	2001 Outdoor 400
Jon Hart	2007 Outdoor Hammer
	2008 Indoor Weight
	2008 Outdoor Hammer
Brandon Hoskins	2005 Outdoor Decathlon
	2007 Outdoor Decathlon
	2008 Indoor Heptathlon
Ken Howell	1999 Indoor Pole Vault
James Johnson	1999 Outdoor Decathlon
Josh Jones	2000 Outdoor Decathlon
Evans Kigen	2010 Indoor 5K
	2010 Outdoor Steeplechase
Azaria Kirwa	2017 Indoor 5K
Josh MacDonald	2013 Outdoor Steeplechase
John Marriott	1996 Outdoor 4 x 100
Josh McDougal	2005 Indoor 3K
	2006 Indoor 3K
	2006 Outdoor 10K
	2007 Indoor 5K
	2007 Outdoor 1,500
	2007 Outdoor 5K
	2007 Outdoor 10K
Carlton McDuffie	1996 Outdoor 4 x 100
	1997 Outdoor 400
Pete McFadden	1996 Outdoor 4 x 100
Chris McGregor	1997 Indoor 3K
	1998 Outdoor Steeplechase

Daniel Newell	2008 Outdoor Decathlon
	2009 Outdoor Decathlon
Matt Parker	2009 Outdoor High Jump
Todd Pettyjohn	1993 Outdoor Pole Vault
	1993 Outdoor Decathlon
	1994 Indoor Pole Vault
Clarence Powell	2010 Indoor High Jump
Michael Prettyman	1997 Outdoor Pole Vault
Brian Sale	1999 Outdoor 4 x 100
Jacob Swinton	1994 Indoor 55
	1994 Outdoor 100
	1994 Outdoor 200
	1996 Outdoor 4 x 100
Marlon Tanner	1999 Outdoor 4 x 100
Jeremy Wagner	1999 Outdoor 4 x 100
Isaac Wendland	2013 Outdoor 1,500
Ryan Werner	1992 Outdoor Decathlon
	1994 Outdoor Decathlon
	1995 Outdoor Decathlon
	1996 Outdoor Pole Vault
	1996 Outdoor Decathlon
Chad Wilson	2004 Outdoor Long Jump
Geren Woodbridge	2011 Outdoor Decathlon

Listed By Event

Indoor 55	1994 – Jacob Swinton
Outdoor 100	1994 – Jacob Swinton
Indoor 200	1999 – Michael Decker
Outdoor 200	1994 – Jacob Swinton
	2000 – Michael Decker
Indoor 400	2000 – Michael Decker
	2001 – Michael Decker
Outdoor 400	1997 – Carlton McDuffie
	1999 – Michael Decker
	2000 – Michael Decker
	2001 – Michael Decker
Indoor 500	2011 – Taylor Courtney
Outdoor 1,500	2007 – Josh McDougal
	2013 – Isaac Wendland
Indoor 3K	1997 – Chris McGregor
	2005 – Josh McDougal
	2006 – Josh McDougal
Indoor 5K	2007 – Josh McDougal
	2010 – Evans Kigen
	2017 – Azaria Kirwa
Outdoor 5K	2007 – Josh McDougal
	2009 – Sam Chelanga
	2010 – Sam Chelanga
Outdoor 10K	2006 – Josh McDougal
	2007 – Josh McDougal
Outdoor Steeplechase	1998 – Chris McGregor
	2010 – Evans Kigen
	2013 – Josh MacDonald
Outdoor 4 x 100	1996 – Pete McFadden, Jacob Swinton, Carlton McDuffie, John Marriott
	1999 – Brian Sale, Michael Decker, Marlon Tanner, Jeremy Wagner
Outdoor Long Jump	1994 – Kevin Coley
	1995 – Kevin Coley
	2004 – Chad Wilson

Indoor High Jump	2010 – Clarence Powell
Outdoor High Jump	2009 – Matt Parker
Indoor Pole Vault	1994 – Todd Pettyjohn
	1999 – Ken Howell
Outdoor Pole Vault	1993 – Todd Pettyjohn
	1996 – Ryan Werner
	1997 – Michael Prettyman
Indoor Weight	2008 – Jon Hart
Outdoor Hammer	2007 – Jon Hart
	2008 – Jon Hart
Indoor Heptathlon	2008 – Brandon Hoskins
	2017 – Zach Davis
Outdoor Decathlon	1992 – Ryan Werner
	1993 – Todd Pettyjohn
	1994 – Ryan Werner
	1995 – Ryan Werner
	1996 – Ryan Werner
	1999 – James Johnson
	2000 – Josh Jones
	2005 – Brandon Hoskins
	2007 – Brandon Hoskins
	2008 – Daniel Newell
	2009 – Daniel Newell
	2011 – Geren Woodbridge

ECAC Top Team Finishes

Indoor	Runner-Up: 2017
	3rd: 2014
Outdoor	7th: 2007 & 2012

ECAC Event Champions

Listed By Meet

2002 Indoor	Heather Sagan	Mile
	Andrea Wildrick	Pole Vault
2002 Outdoor	Heather Sagan	1,500
	Andrea Wildrick	Pole Vault
2004 Indoor	Danielle McNaney	Pentathlon
2005 Indoor	Danielle McNaney	Pentathlon
2005 Outdoor	Danielle McNaney	Heptathlon
2008 Indoor	Jaime Watson	800
2011 Outdoor	Christina Mitchell	Heptathlon
2012 Indoor	Jocelyn Williams	Weight Throw
2012 Outdoor	Melinda Bendik	Hammer
2013 Outdoor	Mychelle Cumings	Discus
2014 Indoor	Meghan Burggraf	800
	Mychelle Cumings	Shot Put
2016 Indoor	Erika Jackson	Pentathlon

Listed By Athlete

Melinda Bendik	2012 Outdoor Hammer
Meghan Burggraf	2014 Indoor 800
Mychelle Cumings	2013 Outdoor Discus
	2014 Indoor Shot Put
Erika Jackson	2016 Indoor Pentathlon
Danielle McNaney	2004 Indoor Pentathlon
	2005 Indoor Pentathlon
	2005 Outdoor Heptathlon
Christina Mitchell	2011 Outdoor Heptathlon
Heather Sagan	2002 Indoor Mile
	2002 Outdoor 1,500
Jaime Watson	2008 Indoor 800
Andrea Wildrick	2002 Indoor Pole Vault
	2002 Outdoor Pole Vault
Jocelyn Williams	2012 Indoor Weight Throw

Listed By Event

Indoor 800	2008 – Jaime Watson
	2014 – Meghan Burggraf
Indoor Mile	2002 – Heather Sagan
Outdoor 1,500	2002 – Heather Sagan
Indoor Pole Vault	2002 – Andrea Wildrick
Outdoor Pole Vault	2002 – Andrea Wildrick
Indoor Shot Put	2014 – Mychelle Cumings
Outdoor Discus	2013 – Mychelle Cumings
Indoor Weight Throw	2012 – Jocelyn Williams
Outdoor Hammer	2012 – Melinda Bendik
Indoor Pentathlon	2004 – Danielle McNaney
	2005 – Danielle McNaney
	2016 – Erika Jackson
Outdoor Heptathlon	2005 – Danielle McNaney
	2011 – Christina Mitchell