

# On Track Open

## January 25-26, 2008

Revised! Time Schedule

### Friday 25th

#### Field Events

3:30pm Pentathlon HJ (14)  
3:50pm Heptathlon LJ (9)  
4:30pm Heptathlon SP  
5:30pm Pentathlon SP  
5:30pm Heptathlon HJ  
6:30pm Pentathlon LJ

#### Running Events

3:00pm Pentathlon 60h  
3:15pm Heptathlon 60m  
6:00pm 4 x 800 Men (5) 1 Heat  
6:10pm 4 x 800 Women (3) 1 Heat  
6:25pm 5K Men (23) 2 Heats  
7:00pm 5K Women (14) 1 Heat  
7:30pm Pentathlon 800m

### Saturday 26th

#### Field Events

8:30am Men's Weight Throw (23)  
9:15am Women's Pole Vault (17)  
9:30am Women's Triple Jump (32)  
Men's Long Jump (36)  
10:30am Women's Weight Throw (13)  
12:00pm Men's Shot Put (34)  
Women's High Jump (26)  
12:15pm Men's Heptathlon PV (9)  
1:00pm Women's Long Jump (31)  
Men's Triple Jump (32)  
2:30pm Women's Shot Put (24)  
Men's Pole Vault (18)  
3:00pm Men's High Jump (24)

#### Running Events

11:00am 60m Hurdles (Women) Prelims (37) 6 Heats  
60m Hurdles (Men) Prelims (34) 6 Heats  
60m Hurdles (Hept Men) (9) 3 Heats  
11:35am 60m Dash (Men) Prelims (63) 8 Heats  
60 Dash (Women) Prelims (43) 6 Heats  
12:10pm 60m Hurdles (Men) Final (8)  
12:15pm 60m Hurdles (Women) Final (8)  
12:20pm 60m Dash (Men) Final (8)  
12:25pm 60m Dash (Women) Final (8)  
12:30pm Mile Run (Men) Final (35) 3 Heats  
12:50pm Mile Run (Women) Final (50) 4 Heats  
1:20pm 400m Dash (Men) Final (42) 11 Heats  
400m Dash (Women) Final (45) 11 Heats  
2:15pm 500m Dash (Men) Final (18) 5 Heats  
500m Dash (Women) Final (24) 6 Heats  
2:45pm 800m Run (Men) Final (37) 4 Heats  
800m Run (Women) Final (34) 4 Heats  
3:15pm 1000m Run (Men) Final (20) 2 Heats  
1000m Run (Women) (24) 3 Heats  
3:40pm 200m Dash (Men) Final (63) 16 Heats  
200m Dash (Women) Final (53) 13 Heats  
4:40pm 3000m Run (Men) Final (47) 3 Heats  
3000m Run (Women) Final (44) 3 Heats  
5:50pm 4x400m Relay (Men) Final (18) 5 Heats  
4x400m Relay (Women) Final (20) 5 Heats  
Heptathlon 1,000 (To be determined)