

Friday-Saturday, March 28 – 29, 2008

Tentative Time Schedule

Friday- Decathlon 1:30pm Heptathlon 1:15
3:00 Invitational Men's Discus

Saturday-Field Events

10:00 Pole Vault (Women)
10:30 Hept Long Jump
11:00 Deca Discus (Bottom field)
11:00 Hammer Throw (Women-Men)
Shot Put (Men-Women)
11:45 Javelin (Hept, -Men-Deca - Women)
12:00 Long Jump (Women on runway near PV)
(Men east runway)
Triple Jump (After conclusion of LJ)
12:15 Deca Pole Vault
2:00 Pole Vault (Men)
2:15 High Jump Following conclusion of Jav. (Women-Men)
2:30 Discus (Women – Top field)
3:30 Discus (Men – Bottom field)

Running Events

10:30 110m Deca. Hurdles
12:30 4x100m relay (Men, Women)
12:40 3000m Steeple (Men, Women)
1:10 1500m (Men, Women)
1:45 100m Finals (Men, Women)
2:10 110m Hurdle Finals
2:20 100m Hurdle Finals
2:30 400m (Men, Women)
2:55 800m (Men, Women)
3:25 400m Hurdles (Men, Women)
3:50 200m (Men, Women)
4:10 5000m (Men, Women)
4:55 4x400m Relay (Men, Women)
TBA Deca 1500