



Liberty Open

January 25th-26th, 2013

REVISED Time Schedule

Friday 25th

Field Events

2:30pm	Pentathlon HJ
2:50pm	Heptathlon LJ
3:30pm	Heptathlon SP
4:30pm	Pentathlon SP
4:30pm	Heptathlon HJ
5:30pm	Pentathlon LJ
	Women's Pole Vault
	Women's Weight Throw

Running Events

2:00pm	Pentathlon 60h
2:15pm	Heptathlon 60m
5:00pm	4x800 Relay Men
5:15pm	5K Men
5:30pm	5K Women
6:30pm	Pentathlon 800m

Please remember that Heptathlon indoor is men and pentathlon indoor is women. It's easy to overlook that since women are known as heptathletes.

Saturday 26th

Field Events

9:00am	Men's Weight Throw
9:30am	Women's Triple Jump
	Men's Long Jump
12:15pm	Men's Heptathlon PV
	Women's Shot Put
1:00pm	Women's Long Jump
	Men's Triple Jump
	Women's High Jump
2:30pm	Men's Shot Put
	Men's Pole Vault
3:00pm	Men's High Jump

Running Events

11:00am	60m Hurdles (Women) Prelims
	60m Hurdles (Men) Prelims
	60m Hurdles (Hept Men)
11:35am	60m Dash (Men) Prelims
	60 Dash (Women) Prelims
12:20pm	60m Dash (Men) Final
12:25pm	60m Dash (Women) Final
12:35pm	60m Hurdles (Men) Final
12:45pm	60m Hurdles (Women) Final
12:50pm	Mile Run (Men) Final
1:15 pm	Mile Run (Women) Final
1:35pm	400m Dash (Men) Final
	400m Dash (Women) Final
2:15pm	500m Dash (Men) Final
	500m Dash (Women) Final
2:40pm	800m Run (Men) Final
	800m Run (Women) Final
3:15pm	1000m Run (Men) Final
	1000m Run (Women)
3:40pm	200m Dash (Men) Final
	200m Dash (Women) Final
4:40pm	3000m Run (Men) Final
	3000m Run (Women) Final
5:45pm	4x400m Relay (Men) Final
	4x400m Relay (Women) Final

Heptathlon 1,000 (To be determined)