

2012-13 Top Liberty Men's Indoor Track & Field Performers

60-Meter Dash

IC4A: 6.98

School Record: 6.74 (Jacob Swinton, 1/26/96)

6.85	<i>ConRoy Smith, Wake Forest Invitational, 1/19/13</i>
6.91	<i>Roderick Spruel, Liberty Kickoff, 12/1/12</i>
6.97	<i>Andre Washington, Liberty Kickoff, 12/1/12</i>
6.98	<i>Maxwell Asante, Big South, 2/21/13</i>
6.98	<i>Tarell Williams, Big South, 2/21/13</i>

200-Meter Dash

IC4A: 22.24

School Record: 21.23 (Mike Decker, 3/5/00)

22.05	<i>ConRoy Smith, Wake Forest Invitational, 1/19/13</i>
22.18	<i>Leonard Robbins, Two times</i>
23.18	<i>Roderick Spruel, Liberty Kickoff, 12/1/12</i>
23.21	<i>Tyler Weigandt, Liberty Quad, 2/8/13</i>
23.32	<i>Brady Shorey, Liberty Open, 1/26/13</i>

400-Meter Dash

IC4A: 49.20

School Record: 46.33 (Mike Decker, 3/10/01)

49.12	<i>Andre Washington, Tyson Invitational, 2/8/13</i>
49.27	<i>Leonard Robbins, Sykes-Sabock Challenge Cup, 2/2/13</i>
49.97	<i>Paul Arslain, Big South, 2/22/13</i>
50.71	<i>ConRoy Smith, Liberty Open, 1/26/13</i>
51.36	<i>Kyle Gill, Sykes-Sabock Challenge Cup, 2/2/13</i>

800-Meter Run

IC4A: 1:54.90

School Record: 1:50.7h (Johnny Prettyman, 2/22/92)

1:54.79	<i>John Sherret, IC4A, 3/2/13</i>
1:56.11	<i>Jarred Cornfield, Liberty Quad, 2/8/13</i>
1:56.40	<i>Trevor Hope, Liberty Quad, 2/8/13</i>
1:59.33	<i>Cole Honeycutt, Sykes-Sabock Challenge Cup, 2/2/13</i>
2:01.20	<i>Paul Arslain, Wake Forest Invitational, 1/19/13</i>

Mile Run

IC4A: 4:14.90

School Record: 4:01.63 (Josh McDougal, 2/18/06)

4:15.33	<i>Jarred Cornfield, Sykes-Sabock Challenge Cup, 2/2/13</i>
4:15.46	<i>Caleb Edmonds, Big South, 2/22/13</i>
4:20.35	<i>Josh MacDonald, Liberty Quad, 2/8/13</i>
4:20.94	<i>Sam Hibbs, Liberty Quad, 2/8/13</i>
4:25.75	<i>Jeremie Bourget, Liberty Quad, 2/8/13</i>

3,000-Meter Run

IC4A: 8:27.20

School Record: 7:48.24 (Sam Chelanga, 2/5/11)

8:03.39	<i>Caleb Edmonds, IC4A, 3/3/13</i>
8:22.78	<i>Josh MacDonald, Sykes-Sabock Challenge Cup, 2/2/13</i>
8:35.34	<i>Sam Hibbs, Big South, 2/21/13</i>
9:21.68	<i>Nate Jones, Big South, 2/21/13</i>

5,000-Meter Run

IC4A: 14:45.40

School Record: 13:19.79 (Sam Chelanga, 2/13/09)

14:10.33	<i>Josh MacDonald, IC4A, 3/2/13</i>
14:29.20	<i>Caleb Edmonds, Virginia Tech Invitational, 1/19/13</i>
14:29.28	<i>Jeremie Bourget, IC4A, 3/2/13</i>
14:41.98	<i>Ngetich Kipchirchir, IC4A, 3/2/13</i>
15:13.86	<i>Sam Hibbs, Virginia Tech Invitational, 1/19/13</i>

60-Meter Hurdles

IC4A: 8.25

School Record: 8.08 (Ken Howell, 2/21/99)

8.33	<i>Andre Washington, Sykes-Sabock Challenge Cup, 2/2/13</i>
8.61	<i>Cody Bingham, Liberty Quad, 2/8/13</i>
8.62	<i>Tevan McIntire, Big South, 2/22/13</i>
8.70	<i>Silvanous Parchment, Wake Forest Invitational, 1/19/13</i>
9.73	<i>Harrison Allen, Big South, 2/22/13</i>

4 x 400 Relay

IC4A: 3:19.90

School Record: 3:13.42 (McDuffie, Johnson, Pollard, Burch, 3/3/96)

3:19.89	(Robbins, Weigandt, Arslain, Washington), Sykes-Sabock, 2/2/13
3:20.66	(Washington, Weigandt, Gill, Arslain), Big South, 2/22/13
3:22.73	(Washington, Smith, Arslain, Robbins), Liberty Kickoff, 12/1/12
3:23.35	(Washington, Smith, Robbins, Arslain), W. Forest Invite, 1/19/13
3:23.81	(Robbins, Smith, Gill, Arslain), Liberty Open, 1/26/13

Distance Medley Relay

IC4A: 10:19.70

School Record: 9:51.54 (McGregor, Tanner, Lyngaas, Cox, 2/28/98)

10:01.85	(Cornfield, Gill, Sherret, Edmonds), Sykes-Sabock, 2/2/13
10:13.09	(Cornfield, Weigandt, Edmonds, MacDonald), Big South, 2/21/13

Long Jump

IC4A: 23-0.5 (7.02m)

School Record: 25-0.5 (7.63m) (James McKnight, 2/5/94)

23-6 (7.16m)	Aaron Johnson, Wake Forest Invitational, 1/19/13
23-5.5 (7.15m)	Walt Aikens, Liberty Quad, 2/8/13
23-4.75 (7.13m)	Kevin Reddington, Liberty Kickoff, 12/1/12
23-3.25 (7.09m)	Tarell Williams, Liberty Open, 1/26/13
22-6.5 (6.87m)	Kyle Wheeler, Sykes-Sabock Challenge Cup, 2/2/13

Triple Jump

IC4A: 47-5 (14.45m)

School Record: 50-6 (15.39m) (Clarence Powell, 1/22/10)

45-10 (13.97m)	Aaron Johnson, Liberty Open, 1/26/13
42-9 (13.03m)	Kyle Wheeler, Liberty Open, 1/26/13

High Jump

IC4A: 6-8.25 (2.04m)

School Record: 7-1.5 (2.17m) (James Wilson, 2/20/88 & Anthony Bryant, 2/7/09)

6-9.5 (2.07m)	Kyle Wheeler, Big South, 2/22/13
6-6.25 (1.99m)	Walt Aikens, Liberty Open, 1/26/13
6-6.25 (1.99m)	Patrick Donigan, Big South, 2/22/13
6-4 (1.93m)	Tevan McIntire, Liberty Open, 1/25/13
6-0.75 (1.85m)	Cody Bingham, Liberty Quad, 2/7/13

Pole Vault

IC4A: 15-9 (4.80m)

School Record: 17-5 (5.31m) (Ken Howell, 3/6/99)

15-9 (4.80m)	<i>Cody Bingham, Two times</i>
15-5 (4.70m)	Cody Fridgen, Big South, 2/21/13
15-3 (4.65m)	Ken Ritchey, Sykes-Sabock Challenge Cup, 2/2/13
14-9 (4.50m)	Alexandru Barker, Liberty Quad, 2/8/13
14-6.75 (4.44m)	Harrison Allen, Big South, 2/22/13

Shot Put

IC4A: 51-6.25 (15.70m)

School Record: 61-10.5 (18.86m) (Clendon Henderson, 1/12/08)

59-0.25 (17.99m)	<i>Ryan Smith, Big South, 2/21/13</i>
51-5.75 (15.69m)	Jacob DeValve, Sykes-Sabock Challenge Cup, 2/2/13
48-11.75 (14.93m)	Andrew Woodley, Sykes-Sabock Challenge Cup, 2/2/13
41-4.25 (12.60m)	Cody Bingham, IC4A, 3/1/13
40-2.25 (12.25m)	Tevan McIntire, Liberty Kickoff, 11/30/12

Weight Throw

IC4A: 55-5.5 (16.90m)

School Record: 66-6.5 (20.28m) (Jon Hart, 3/1/08)

64-4 (19.61m)	<i>Ryan Smith, Liberty Open, 1/26/13</i>
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Heptathlon

IC4A: 5,000

School Record: 5,383 (Brandon Hoskins, 3/1/08)

5,027	<i>Cody Bingham, IC4A, 3/1-2/13</i>
4,877	Tevan McIntire, Big South, 2/21-22/13
4,316	Harrison Allen, Liberty Kickoff, 11/30-12/1/12