

Liberty Collegiate Invitational

Friday-Saturday, April 1st – 2nd 2011

Revised Time Schedule

Friday-	1:00pm	Decathlon
	1:15pm	Heptathlon
	1:00pm	Hammer (Women Followed by Men (East Campus))
	2:00pm	Javelin (Men followed by Women)
	3:00pm	PV (Women – section B, below 3.25 m)

Saturday

Field Events – Track Stadium

9:15 am	Pole Vault	(Women, 3.30m & above, followed by Deca then Men)
10:15am	Hept Long Jump	
10:30am	Deca Discus	
11:15am	Hept Javelin	
11:30am	Deca PV	
	Long Jump	(Women on runway near PV) (Men east runway near stadium)
	Triple Jump	(After conclusion of LJ)
1:00pm	High Jump	(Women followed by Men)
approx 2:30pm	Pole Vault	(Men)
	Deca Jav	

Field Events – Throws Facility on East Campus (across bridge turn right ½ mile)

10:00	Shot Put	(Men followed by women)
	Discus	(Women followed by men)
approx 1:00pm	Shot Put	(Women)
	Discus	(Men)

Running Events

9:00am	5000m (Sect B Men 15:45 and slower, Women 19:00 and slower)
9:45am	110m Decathlon. Hurdles
11:00am	4x100m relay (Men, Women)
11:25am	3000m Steeple (Men, Women)
11:55am	1500m (Men, Women)
1:00pm	100m Finals (Men, Women)
1:40pm	110m Hurdle Finals
2:00pm	100m Hurdle Finals
2:15pm	400m (Men, Women)
3:00pm	800m (Men, Women)
4:00pm	400m Hurdles (Men, Women)
4:45pm	200m (Men, Women)
5:25pm	5000m (Men, Women Sect A)
6:05pm	4x400m Relay (Men, Women)
TBA	Deca 1500