

Liberty Collegiate Invitational

Friday-Saturday, April 2rd – 3rd, 2010

Time Schedule

Friday-

1:00 pm	Decathlon
1:15 pm	Heptathlon
5:00 pm	Discus – Men's Invitational

Saturday

Field Events

9:00 am	Javelin	(Women) infield of the track
	Hammer	(Women followed by Men) Campus East
9:30	Pole Vault	(Women followed by Deca followed by Men)
10:30	Hept Long Jump	
11:00	Deca Discus	infield of the track
11:45	Hep Javelin	infield of the track
12:45	Javelin	(Men followed by Deca) infield of the track
12:00	Long Jump	(Women on runway near PV) (Men east runway)
	Triple Jump	(After conclusion of LJ)
1:00 pm	Shot Put	(Men followed by Women) Campus East
	Discus	(Women followed by Men) Campus East
2:00	High Jump	(Women followed by Men)

Running Events

9:00 am	5000m (Men, Women) section 1
10:15	110m Decathlon Hurdles
12:30	4x100m relay (Men, Women)
12:45	3000m Steeple (Men, Women)
1:15	1500m (Men, Women)
2:00	100m Finals (Men, Women)
2:25	110m Hurdle Finals
2:35	100m Hurdle Finals
2:50	400m (Men, Women)
3:20	800m (Men, Women)
3:50	400m Hurdles (Men, Women)
4:15	200m (Men, Women)
4:45	5000m (Men, Women) section 2
5:25	4x400m Relay (Men, Women)
5:45	4x800m Relay (Men)
TBA	Deca 1500, Hep 800