Liberty Quad Feb 12-13, 2009

Revised Schedule (2-12-09)

Thursday Feb 12

Heptathlon – Men 12:15pm 60m dash 12:45pm LJ 1:30pm Shot Put 2:15pm High Jump

Friday Feb 13

Field Events

1:30pm Women's pent High Jump 2:00pm Men's **Heptathlon PV** 2:45pm Women's **Pent Shot Put** 3:30pm Women's **Pent Long Jump** Men's **Weight Throw** 4:30pm Women's **Triple Jump** Men's **Long Jump** Women's **Pole Vault** 4:30pm Women's **Weight Throw**

5:15pm Women's High Jump

6:15pm Men's Shot Put

Women's

Men's Triple Jump

Long Jump

6:45pm Men's Pole Vault

7:30pm Women's Shot Put

Men's High Jump

Friday Feb 13

Running Events

1:00pm 60m Hurdles (Women pentathlon)
1:30pm 60m Hurdles (Men Heptathlon)

5:00pm 60m Hurdles (Women) Prelims 5:10pm 60m Hurdles (Men) Prelims **Prelims** 5:20pm 60m Dash (Men) 5:25pm 60 Dash (Women) **Prelims** 5:40pm 60m Hurdles (Men) Final 5:50pm 60m Hurdles (Women) Final 6:00pm 60m Dash (Men) Final 6:05pm 60m Dash (Women) Final 6:10pm Mile Run (Men) Final 6:25pm Mile Run (Women) Final 6:45pm 400m Dash (Men) Final 6:55pm 400m Dash (Women) Final 7:10pm 800m Run (Men) Final 7:20pm 800m Run (Women) Final 7:35pm 200m Dash (Men) Final 7:40pm 200m Dash (Women) Final Final 7:55pm 5k (Men) 8:15pm 5k (Women) Final 8:40pm 4x400m Relay (Men) Final 8:50pm 4x400m Relay (Women) Final