



Liberty Women's Cross Country School Records/Top Times

School Records

5K

Time	Name	Date	Meet	Location
17:09	Noel Palmer	9/28/18	Queen City Invite	Charlotte, N.C.

6K

Time	Name	Date	Meet	Location
20:06.7	Ednah Kurgat	11/21/15	NCAA National	Louisville, Ky.

Lady Flames' Top Five 5K Times at the Big South Championship

Time	Name	Year	Location
17:12	Ednah Kurgat	2015	Spartanburg, S.C.
17:18	Jennifer Klugh	2012	Rock Hill, S.C.
17:29	Jennifer Klugh	2011	Conway, S.C.
17:37	Jacy Christiansen	2014	Boiling Springs, N.C.
17:38	Heather Sagan	2001	Rock Hill, S.C.