



## Liberty Indoor Track Complex Records

### Women's

Event	Mark	Athlete	Team	Date
55	6.77	Thelma Davies	Girard College H.S.	1/19/18
60	7.38	Maiya Dendy	South Carolina	2/3/18
200	23.62	Kayla Davis	Unattached	1/19/19
300	37.71	Britton Wilson	Mills Godwin H.S.	1/18/19
400	52.55	Athing Mu	Unattached	1/18/19
500	1:10.61	Charokee Young	Hydel Group of Schools	1/19/19
600	1:28.54	Athing Mu	Unattached	1/19/19
800	2:07.15	Sonja Andenmatten	North Florida	2/23/19
1,000	2:41.98	Rachel Pocratsky	Virginia Tech	1/27/18
1,500	4:53.17	Ellie Desmond	Ashburn Elite	1/20/19
1,600	5:03.31	Lily Snow	Deep Run H.S.	1/5/19
Mile	4:51.66	Carol Strock	James Madison	2/11/17
Mile Walk	7:25.84	Megan Kelley	Ocean Lakes H.S.	1/13/17
3K	9:31.88	Ellie Abrahamson	Wake Forest	2/11/17
3K Walk	13:24.76	Taylor Ewert	Beavercreek H.S.	1/18/19
3,200	10:51.08	Libby Davidson	E.C. Glass H.S.	2/18/17
2 Mile	10:48.04	Lydia Russell	Friends' Central School	1/19/19
5K	15:37.12	Katelyn Tuohy	North Rockland H.S.	1/20/18
55 Hurdles	7.69	Shadajah Ballard	Western Branch H.S.	1/19/19
60 Hurdles	8.21	Kayla White	North Carolina A&T	1/27/18
Mile Steeplechase	5:48.79	Anna Spear	Langley H.S.	1/14/17
4 x 200	1:35.39		Bullis School	1/20/18
4 x 400	3:39.60		Bullis School	1/19/18
4 x 800	9:16.08		Elon	1/25/19
Sprint Medley	4:09.50		Bullis School	1/20/18
Distance Medley	11:34.54		Lake Braddock H.S.	1/13/17
220 Shuttle Hurdles	33.22		Tallwood H.S.	1/18/19
240 Shuttle Hurdles	34.69		Liberty	2/8/19
Long Jump	20-3.5 (6.18m)	Sabina Allen	Campbell	2/23/18
Triple Jump	44-1.25 (13.44m)	Sabina Allen	Campbell	2/24/18
High Jump	6-0 (1.83m)	Shelby Tyler	Unattached	1/19/19
Pole Vault	14-1.25 (4.30m)	Bridget Guy	Virginia	2/2/19
Shot Put	52-9.5 (16.09m)	Galissia Cause	East Carolina	2/10/18
Weight Throw	66-9.25 (20.35m)	Victoria Merriweather	Charlotte	2/10/17
Pentathlon	4,202	Jordan Gray	Kennesaw State	2/22/19

**Men's**

<b>Event</b>	<b>Mark</b>	<b>Athlete</b>	<b>Team</b>	<b>Date</b>
55	6.33	Nick Cross	DeMatha Catholic H.S.	1/19/19
60	6.66	Jaylan Mitchell	North Carolina A&T	2/10/18
200	21.03	Rodney Rowe	North Carolina A&T	1/27/18
300	32.64	Brian Herron	Lakeside H.S.	1/19/18
400	46.15	Alejandro Perlaza Zapata	Liberty	2/23/19
500	1:01.35	Alejandro Perlaza Zapata	Liberty	1/26/19
800	1:50.85	Brandon McGorty	Chantilly H.S.	1/14/17
1,000	2:21.89	Neil Gourley	Virginia Tech	1/27/18
1,500	4:10.59	Stephen Atkinson	Cary Track Club	2/18/18
1,500 Walk	10:40.94	Kyle Warmington	USA-JA	2/18/18
1,600	4:18.99	Theo Woods	E.C. Glass H.S.	1/12/18
Mile	4:04.45	Amon Kemboi	Campbell	2/16/19
Mile Walk	7:33.12	Henry Kilbourne	Asheville H.S.	1/13/17
3K	8:06.11	Henry Wynne	Virginia	1/28/17
3,200	9:23.59	Alec Schrank	Millbrook H.S.	2/18/17
2 Mile	9:11.74	Sam Affolder	Loudoun Valley H.S.	1/19/19
5K	14:17.38	Azaria Kirwa	Liberty	2/23/19
55 Hurdles (H.S.)	7.13	Cory Poole	East Orange Campus	1/14/17
60 Hurdles	7.71	Jovaine Atkinson	Liberty	2/24/18
Mile Steeplechase	5:15.44	Nathan Morton	Christiansburg H.S.	1/14/17
4 x 200	1:25.60		Bullis School	1/19/19
4 x 400	3:11.22		St. Augustine's	1/21/17
4 x 800	7:40.57		Lipscomb	1/25/19
4 x 1,600	20:39.62		E.C. Glass H.S.	11/30/18
4 x Mile	17:17.31		Loudoun Valley H.S.	1/18/19
Sprint Medley	3:32.61		Colonial Forge H.S.	1/19/19
Distance Medley	9:57.30		Lipscomb	2/22/19
220 Shuttle Hurdles (H.S.)	30.26		Oscar Smith H.S.	1/19/18
240 Shuttle Hurdles	32.88		Liberty	1/27/17
Long Jump	25-4.5 (7.73m)	Erik Eckleben	Coastal Carolina	1/26/19
Triple Jump	52-5.25 (15.98m)	Olu Olamigoke	Unattached	2/3/18
High Jump	7-3 (2.21m)	Brenton Foster	Virginia	2/2/19
Pole Vault	18-8.75 (5.71m)	Scott Houston	Unattached	2/10/18
Shot Put	67-2.75 (20.49m)	Stipe Zunic	Nike/Croatia	2/11/17
Shot Put (H.S.)	60-0.5 (18.30m)	Aaron Wilkerson	Southern Guilford H.S.	1/13/17
Weight Throw	68-5.75 (20.87m)	Ryan Davis	East Carolina	2/10/18
Heptathlon	5,523	Markus Ballengee	Liberty	1/27/18