Welcome to Hope of Life!
We just want to remind you of a few important rules and expectations that we ask for you to read over and respect:
(Please pay close attention to rules and reminders in **bold** text)

**GIFTS AND PERSONAL INFORMATION**
- Do not share any personal information.
- Please DO NOT give any gifts or money to locals, children, elderly, or staff without advanced permission.
- No promises of future visits should be made.

**FOOD**
- If you have any specific dietary needs, please let us know in advance.
- None of the water in our faucets is purified, so it is best not to drink or use it to brush your teeth.
- All food served on campus is safe to eat and is prepared according to recommended health standards.
- Be mindful of food portions and waste. Anything on your plate should be eaten!

**PERSONAL APPEARANCE**
*Work/Casual:* Modest shorts/pants and T-shirts. Please note that your clothing and shoes may be ruined.
*Church:* Men may wear polos or button-up shirts with khakis or jeans. Ladies are asked to wear a skirt or dress that falls below the knee with a sleeved shirt.
- No short shorts or sleeveless tops.
- Modest swimwear should be worn.
- Consider messages displayed on clothing.
- Tattoos/piercings should be covered if possible.
- Refrain from any foul language and off-colored jokes.

**ECO FRIENDLY**
- Please bring your own water bottle. If you did not bring a water bottle, they are sold at our store for $5/each.
- Please turn off lights and AC in your rooms when you are elsewhere.

**SPENDING MONEY AND CURRENCY**
- We can exchange cash at the office, but only bills that are crisp and brand new.
- We cannot accept anything smaller than a $20 bill.
- $1 ≈ 7.2 Quetzales

**MEDICAL ATTENTION**
- Medical care is available if the need arises, but you will be responsible for all financial expenses.

**OTHER CONSIDERATIONS**
- Excessive Internet use should be avoided.
- Your cell phone should be turned off after arrival.
- Any form of unnecessary media should not be used.
- Drug use is NOT tolerated at Hope of Life International. If any member is caught with an illegal substance, they will be immediately asked to leave. They will be responsible for all costs associated with the transportation home.
- “Coupling” should be avoided.
- If anything in your room or bathroom is damaged, please let your HOL group leader know immediately. You are responsible for all damages.

**ORPHANAGE RULES**

**Visitor Hours:**
- **School Days:** 5-6PM Mon-Fri
- **Off-school & Weekends:** 9AM-5PM
- Any candy or toys for the children should be pre-approved by the director before being distributed.
- Do not give any money to the children.
- Do not let them touch or play with any electronic device, esp. if it is Internet-accessible.
- Do not promise a child anything before someone in authority approves it.
- Children may not be removed from the orphanage without prior consent.
- Do not invite children to meals without prior consent.
- Bedrooms are off-limits while with a child, whether it is theirs or yours.

**RULES FOR RESCUE CENTER**

**Visiting Hours:** 10-11AM, 2-3PM
- Wash your hands before touching the babies.
- Always leave the babies where you found them.
- Ask for permission before entering the clinic, even during visiting hours.