Alcohol and other substances, like marijuana, heroin, and over-the-counter drugs, have become extremely prevalent on college campuses across the United States (DualDiagnosis.org). Liberty University seeks to educate its students, faculty, and staff about the effects these substances have on college students.

**F A C T S A N D S T A T S**

Alcohol, marijuana, prescription medications (including stimulants such as Ritalin, Adderall, etc., central nervous system depressants, and narcotics), over-the-counter drugs, cocaine, heroin, and Ecstasy are the most commonly abused substances on college campuses (DualDiagnosis.org).

College students make up one of the largest groups of drug abusers nationwide (AddictionCenter.com).

Young people (ages 18 to 24) are already at a heightened risk of addiction (AddictionCenter.com).

Over 1,800 college students between the ages of 18 and 24 die each year from unintentional alcohol-related injuries (NIAAA.NIH.gov).

Daily marijuana use among college-aged young adults is at its highest since 1980, surpassing daily cigarette smoking for the first time in 2014 (Drugabuse.org).

Marijuana use may have a wide range of physical and mental effects, including: breathing illnesses, possible harm to a fetus’s brain in pregnant users, hallucinations, and paranoia (Drugabuse.org).

Over 60 percent of admissions to emergency rooms are due to drug or alcohol usage (Fit.edu/CAPS).

Over 50 percent of all traffic accidents involve the use of drugs or alcohol, and many of these accidents are fatal (Fit.edu/CAPS).
If you or someone you know needs help overcoming a substance-related problem, please see the resources listed below.

**Liberty University Resources**

**Celebrate Recovery**
Thursdays at 7 p.m.
DeMoss Hall, Room 1113
CelebrateRecovery@liberty.edu

**LU Shepherd Office**
Residence Hall 17 LUShepherd@liberty.edu

**Student Counseling Services**
Green Hall, Room 1830
StudentCounselingServices@ liberty.edu
(434) 582-2651

**Resources in Lynchburg**

**AA in Central Virginia**
(434) 847-4733

**Celebrate Recovery – Blue Ridge Community Church**
Sundays, 4:30-6:30 p.m.
2361 New London Rd., Forest, Va. 24551
(434) 525-7481

**Counseling Services at Thomas Road Baptist Church**
(434) 592-5630

**Roads to Recovery**
(434) 455-0053