

LIBERTY

UNIVERSITY.

School of Health Sciences
Degree Completion Plan (DCP)

**B.S. in
Kinesiology: Health & Phy. Ed./
Non-Licensure**

Name _____ ID _____

GENERAL EDUCATION: CORE COMPETENCY REQUIREMENTS
(59-63 hours)

ALL GENERAL EDUCATION COURSES MUST BE CHOSEN FROM THE LIST OF "APPROVED RESIDENTIAL GENERAL EDUCATION & INTEGRATIVE COURSES." (www.liberty.edu/gened)

COMMUNICATION (6 hours)

Course	Hrs.	Sem. Taken	Grade
COMS 101 Speech Communication	3	_____	_____
ENGL 101 Composition and Rhetoric	3	_____	_____

MATHEMATICS, SCIENCE, & TECHNOLOGY (11-15 hours)

CRST 290 History of Life	2-3	_____	_____
MATH _____ (above 110)	3	_____	_____
NAT SCI _____	3	_____	_____
NAT SCI, MATH or BUSI 201	3	_____	_____
Technology Competency	0-3	_____	_____

INFORMATION LITERACY (6 hours)

ENGL 102 Composition and Literature	3	_____	_____
HIEU 201 or 202 or HIUS 221 or 222	3	_____	_____

CRITICAL THINKING (15 hours)

ENGL 201, 202, 215, 216, 221, or 222	3	_____	_____
GOVT 200, PSYC 101 or 210, SOCI 200 or 201	3	_____	_____
PHIL 201 Phil./Contemporary Ideas	3	_____	_____
HUMN 101, THEA 101, ARTS 105, or MUSC 103 AND	3	_____	_____
*GEN ED ELECTIVE (non-language)	3	_____	_____
	OR		
**LANG _____ AND	3	_____	_____
**LANG _____	3	_____	_____

BIBLICAL WORLDVIEW (21 hours)

BIBL 105 Old Testament Survey OR ^BIBL 205 Old Testament Life/Literature	3	_____	_____
BIBL 110 New Testament Survey OR ^BIBL 210 New Testament Life/Literature	3	_____	_____
BWVW 101 Biblical Worldview I	2	_____	_____
BWVW 102 Biblical Worldview II	2	_____	_____
EVAN 101 Evangelism and Christian Life	2	_____	_____
PSYC 150 Psychology of Relationships	3	_____	_____
THEO 201 Theology Survey I	3	_____	_____
THEO 202 Theology Survey II	3	_____	_____

*All courses **except** ENGL and Language qualify for the General Education elective

**Must be the same language

^Options available to Honors students

ADDITIONAL REQUIREMENTS FOR MAJOR

First Aid/CPR Certification: Date Completed _____
Swimming Proficiency: Date Completed _____

**MAJOR: KINESIOLOGY: HEALTH & PHY. ED./
NON-LICENSURE** (50 hours)

CORE (21 hours)

Course	Hrs.	Sem. Taken	Grade
EXSC 310 Physiology of Exercise	3	_____	_____
EXSC 311 Analysis of Human Movement	3	_____	_____
EXSC 320 Measurement/Evaluation in Health and Kinesiology	3	_____	_____
FACS 330 (or HLTH 330) Human Nutrition	3	_____	_____
KINE 101 Physical Fitness	1	_____	_____
KINE 208 Motor Learning	2	_____	_____
KINE 209 Motor Learning Lab	1	_____	_____
KINE _____ (Choose from KINE 210-240)	1	_____	_____
KINE 225 Weight Training/Conditioning	1	_____	_____
KINE 333 Adapted Phy. Activity	2	_____	_____
KINE 334 Adapted Phy. Activity Lab	1	_____	_____

CONCENTRATION: Health & Phy. Ed./Non-Licensure (29 hours)

HLTH 252 Drugs in Society	3	_____	_____
HLTH 402 The School Health Program	3	_____	_____
HLTH 440 Methods/Resources in Teaching Applied Sciences in Schools	2	_____	_____
KINE 207 History/Foundations of Phy. Ed.	2	_____	_____
KINE 210 Softball/Volleyball	1	_____	_____
KINE 211 Basketball/Soccer	1	_____	_____
KINE 212 Innovative Games	1	_____	_____
KINE 213 Racquet Sports	1	_____	_____
KINE 214 Tumbling/Rhythmic Activities	1	_____	_____
KINE 215 Track and Field/Flag Football	1	_____	_____
KINE 245 PE Observations in Schools	1	_____	_____
KINE 404 Administration/Organization of Phy. Ed., Exercise/Fitness	3	_____	_____
KINE 450 Elementary Phy. Ed. Methods	3	_____	_____
KINE 451 Secondary Phy. Ed. Methods	3	_____	_____
SMGT 300 Introduction to Coaching	3	_____	_____

NOTE: 2.0 or higher cumulative GPA is required.

DIRECTED COURSES (REQUIRED) (2-11 hours) These courses (>) are approved General Education courses and may be counted in the Core Competency requirements.

(>)-BIOL 213 Human Anatomy/Physiology I	3	_____	_____
-BIOL 214 Human Anatomy/Phy. I Lab	1	_____	_____
(>)-BIOL 215 Human Anatomy/Physiology II	3	_____	_____
-BIOL 216 Human Anatomy/Phy. II Lab	1	_____	_____
(>)HLTH 216 Personal Health	3	_____	_____

~"C" or better is required.

FREE ELECTIVES (5-9 hours) [5 hours must be upper level] Minors are included as elective hours. Honors students must take HONR 395 in Fall of Junior year.

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

GRADUATION REQUIREMENTS

FRSM 101 Freshman Seminar REQ. _____ MET _____

All Christian/Community Service requirements must be satisfied before a degree will be awarded.

TOTAL – 120 hours minimum required. (Of this total, at least 37 hours must be 300-400 level.)