



**LIBERTY UNIVERSITY®**  
**COLLEGE: ARTS & SCIENCES**

**DEGREE COMPLETION PLAN**  
**KINESIOLOGY: Fitness Specialist**  
**BACHELOR OF SCIENCE**

NAME (Last, First, Middle) \_\_\_\_\_

STUDENT NUMBER \_\_\_\_\_ ADVISOR \_\_\_\_\_ BOX \_\_\_\_\_ Email \_\_\_\_\_  
 PLANNED YEAR OF GRADUATION \_\_\_\_\_

**GENERAL EDUCATION REQUIREMENTS** (57 hours)  
 All General Education courses must be chosen from the list of "Approved General Education Courses"  
[www.liberty.edu/casas](http://www.liberty.edu/casas)

**FOUNDATIONAL STUDIES** (16 hours)  
 MUST be completed within the first 45 hours of a student's program. Transfer students must complete within their first year at Liberty

Course	hrs.	sem. taken	grade
ENGL 101	3	_____	_____
ENGL 102	3	_____	_____
COMS 101	3	_____	_____
MATH 115 or higher	3	_____	_____
GNED 101	1	_____	_____
GNED 102	1	_____	_____
EVAN 101	2	_____	_____

Technology Competency Sem. Passed \_\_\_\_\_

**INVESTIGATIVE STUDIES** (41 hours)

ENGL 201, 202, 215, 216, 221, or 222	3	_____	_____
BIOL 211	4	_____	_____
BIOL 212	4	_____	_____
HISTORY _____	3	_____	_____
SOC SCI/HIST _____	3	_____	_____
GOVT 200/PSYC 101 or 210/ SOCI 200 or 201	3	_____	_____
HUMN 101/LANG	3-6	_____	_____
*GEN ED ELEC _____	3-0	_____	_____
PHIL 201	3	_____	_____
THEO 201	3	_____	_____
THEO 202	3	_____	_____
BIBL 105 or ^205	3	_____	_____
BIBL 110 or ^210	3	_____	_____

\*Choose from Fine Arts/LANG/Nat Sci/MATH or CSCI/Soc Sci/CMIS 201/VCAR 105

^Options available to Honors students

**NOTE:** See list of "Approved General Education Courses."  
[www.liberty.edu/casas](http://www.liberty.edu/casas)

**MAJOR: KINESIOLOGY** (46-49 hours)

**CORE** (21-24 hours)

Course	hrs.	sem. taken	grade
KINE 101	1	_____	_____
KINE 208/209	2+1	_____	_____
KINE _____	1	_____	_____
(Choose from KINE 210-240)			
KINE 225	1	_____	_____
KINE 310	3	_____	_____
KINE 311	3	_____	_____
KINE 320	3	_____	_____
KINE 333/334	2+1	_____	_____
FACS 330	3	_____	_____
**HLTH 216	3	_____	_____

\*\*May be used for Investigative Studies (SOC SCI/HIST).

**SPECIALIZATION: Fitness Specialist** (25 hours)

KINE 302	2	_____	_____
KINE 340	3	_____	_____
KINE 350	3	_____	_____
KINE 404	3	_____	_____
KINE 410	3	_____	_____
KINE 411	1	_____	_____
KINE 421	1	_____	_____
KINE 460	3	_____	_____
KINE 461	3	_____	_____
KINE 499	3	_____	_____

Must have cumulative GPA of 2.25 or higher.

**ELECTIVES** (17 hours) Minors are included as elective hours, as are CRST 290 and any INFT courses. Honors students must take HONR 395 in Fall of Junior year.

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**ADDITIONAL REQUIREMENTS FOR MAJOR**

First Aid/CPR Certification: Date Completed \_\_\_\_\_  
 Swimming Proficiency: Date Completed \_\_\_\_\_

**GRADUATION REQUIREMENTS**

CRST 290	2-3	_____	_____
FRSM 101		REQ. _____	MET _____

TOTAL = 120 hours minimum required. (Of this total, at least 40 hours must be 300/400 level courses)