

Name _____ ID _____

GENERAL EDUCATION REQUIREMENTS (55-56 hours)
ALL GENERAL EDUCATION COURSES MUST BE CHOSEN FROM THE LIST OF "APPROVED RESIDENTIAL GENERAL EDUCATION & INTEGRATIVE COURSES." (www.liberty.edu/gened)

FOUNDATIONAL STUDIES (16 hours)
MUST be completed within the first 45 hours of a student's program.
Transfer students must complete within their first year at Liberty.

| Course | Hrs. | Sem. Taken | Grade |
|--|------|------------|-------|
| ENGL 101 Composition and Rhetoric | 3 | _____ | _____ |
| ENGL 102 Composition and Literature | 3 | _____ | _____ |
| COMS 101 Speech Communication | 3 | _____ | _____ |
| MATH _____ (above 110) | 3 | _____ | _____ |
| GNEC 101 Contemporary Issues I | 1 | _____ | _____ |
| GNEC 102 Contemporary Issues II | 1 | _____ | _____ |
| EVAN 101 Evangelism and Christian Life | 2 | _____ | _____ |

Technology Competency Sem. Passed _____

INVESTIGATIVE STUDIES (39-41 hours)

| | | | |
|---|---|-------|-------|
| ENGL 201, 202, 215, 216, 221, or 222 | 3 | _____ | _____ |
| NAT SCI _____ | 3 | _____ | _____ |
| NAT SCI, MATH or ISYS 201 | 3 | _____ | _____ |
| HIUS 221 or 222 or HIEU 201 or 202 | 3 | _____ | _____ |
| GOVT 200, PSYC 101 or 210, SOCI 200 or 201 | 3 | _____ | _____ |
| SOC SCI/HIST _____ | 3 | _____ | _____ |
| HUMN 101, THEA 101, VCAR 105, or MUSC 103 AND | 3 | _____ | _____ |
| *GEN ED ELECTIVE (non-language) | 3 | _____ | _____ |
| OR | | | |
| **LANG _____ AND | 3 | _____ | _____ |
| **LANG _____ | 3 | _____ | _____ |
| PHIL 201 Phil./Contemporary Ideas | 3 | _____ | _____ |
| THEO 201 Theology Survey I | 3 | _____ | _____ |
| THEO 202 Theology Survey II | 3 | _____ | _____ |
| BIBL 105 Old Testament Survey OR ^BIBL 205 Old Testament Life/Literature | 3 | _____ | _____ |
| BIBL 110 New Testament Survey OR ^BIBL 210 New Testament Life/Literature | 3 | _____ | _____ |

*Choose from Fine Arts/Nat Sci/Math or CSCI/Soc Sci/

ISYS 201/VCAR 105

**Must be the same language

^Options available to Honors students

MAJOR: HEALTH PROMOTION: CHES (55-57 hours)

CORE (19 hours)

| Course | Hrs. | Sem. Taken | Grade |
|--|------|------------|-------|
| FACS 330 Human Nutrition | 3 | _____ | _____ |
| NURS 105 Medical Terminology | 1 | _____ | _____ |
| HLTH 216 Personal Health | 3 | _____ | _____ |
| HLTH 350 Intro. to Public/Comm. Health | 3 | _____ | _____ |
| HLTH 444 Principles of Epidemiology and Biostatistics | 3 | _____ | _____ |
| HLTH _____ | 3 | _____ | _____ |
| HLTH _____ | 3 | _____ | _____ |

SPECIALIZATION: CHES (36-38 hours)

| | | | |
|--|-------------|-------|-------|
| HLTH 201 Applied Human Anatomy and Physiology I OR BIOL 213/214 Human Anatomy and Physiology I/Lab | 3 OR 3/1 | _____ | _____ |
| HLTH 202 Applied Human Anatomy and Physiology II OR BIOL 215/216 Human Anatomy and Physiology II/Lab | 3 OR 3/1 | _____ | _____ |
| BIOL 203 Introductory Microbiology OR BIOL 303 Microbiology | 4 | _____ | _____ |
| EXSC 310 Physiology of Exercise | 3 | _____ | _____ |
| EXSC 320 Measurement/Evaluation in Health/Kinesiology | 3 | _____ | _____ |
| HLTH 252 Drugs in Society | 3 | _____ | _____ |
| HLTH 301 Principles of Health Education | 2 | _____ | _____ |
| HLTH 420 Principles of Behavior Change and Health Counseling | 3 | _____ | _____ |
| HLTH 452 Methods/Materials in Community Health Education | 3 | _____ | _____ |
| HLTH 453 Program Planning and Evaluation in Health Education | 3 | _____ | _____ |
| HLTH 488 Infectious Disease | 3 | _____ | _____ |
| -HLTH 499 Professional Practice in Health Science | 3 | _____ | _____ |

NOTE: "C" or better is required in all HLTH major and BIOL courses and all majors must be CPR and First Aid certified prior to taking HLTH 499.

DIRECTED COURSES (REQUIRED) (0-7 hours) These courses are approved General Education courses and may be counted in Foundational/ Investigative Studies.

| | | | |
|---|---|-------|-------|
| MATH 201 Intro. to Probability/Statistics | 3 | _____ | _____ |
| CHEM 107 General/Organic Chemistry | 4 | _____ | _____ |

FREE ELECTIVES (0-9 hours) Minors are included as elective hours, as are CRST 290 and any INFT courses.

| | | | |
|-------|-------|-------|-------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

GRADUATION REQUIREMENTS

| | | | |
|---------------------------|------|-------|-----------|
| CRST 290 History of Life | 2-3 | _____ | _____ |
| FRSM 101 Freshman Seminar | REQ. | _____ | MET _____ |

All Christian/Community Service requirements must be satisfied before a degree will be awarded.

TOTAL – 120 hours minimum required. (Of this total, at least 32 hours must be 300-400 level.)