

Name \_\_\_\_\_ ID \_\_\_\_\_

**GENERAL EDUCATION REQUIREMENTS** (55-56 hours)  
**ALL GENERAL EDUCATION COURSES MUST BE CHOSEN FROM THE LIST OF "APPROVED RESIDENTIAL GENERAL EDUCATION & INTEGRATIVE COURSES."** ([www.liberty.edu/gened](http://www.liberty.edu/gened))

**FOUNDATIONAL STUDIES** (16 hours)  
**MUST** be completed within the first 45 hours of a student's program.  
Transfer students must complete within their first year at Liberty.

Course	Hrs.	Sem.	Taken	Grade
ENGL 101 Composition and Rhetoric	3	_____	_____	_____
ENGL 102 Composition and Literature	3	_____	_____	_____
COMS 101 Speech Communication	3	_____	_____	_____
MATH _____ (above 110)	3	_____	_____	_____
GNEC 101 Contemporary Issues I	1	_____	_____	_____
GNEC 102 Contemporary Issues II	1	_____	_____	_____
EVAN 101 Evangelism and Christian Life	2	_____	_____	_____

Technology Competency Sem. Passed \_\_\_\_\_

**INVESTIGATIVE STUDIES** (39-41 hours)

ENGL 201, 202, 215, 216, 221, or 222	3	_____	_____	_____
NAT SCI _____	3	_____	_____	_____
NAT SCI, MATH or ISYS 201	3	_____	_____	_____
HIUS 221 or 222 or HIEU 201 or 202	3	_____	_____	_____
GOVT 200, PSYC 101 or 210, SOCI 200 or 201	3	_____	_____	_____
SOC SCI/HIST _____	3	_____	_____	_____
HUMN 101, THEA 101, VCAR 105, or MUSC 103 <b>AND</b>	3	_____	_____	_____
*GEN ED ELECTIVE (non-language)	3	_____	_____	_____
<b>OR</b>				
**LANG _____ <b>AND</b>	3	_____	_____	_____
**LANG _____	3	_____	_____	_____
PHIL 201 Phil./Contemporary Ideas	3	_____	_____	_____
THEO 201 Theology Survey I	3	_____	_____	_____
THEO 202 Theology Survey II	3	_____	_____	_____
BIBL 105 Old Testament Survey OR ^BIBL 205 Old Testament Life/Literature	3	_____	_____	_____
BIBL 110 New Testament Survey OR ^BIBL 210 New Testament Life/Literature	3	_____	_____	_____

\*Choose from Fine Arts/Nat Sci/Math or CSCI/Soc Sci/

ISYS 201/VCAR 105

\*\*Must be the same language

^Options available to Honors students

**MAJOR: HEALTH PROMOTION: CHES** (55-57 hours)

**CORE** (19 hours)

Course	Hrs.	Sem.	Taken	Grade
FACS 330 Human Nutrition	3	_____	_____	_____
NURS 105 Medical Terminology	1	_____	_____	_____
HLTH 216 Personal Health	3	_____	_____	_____
HLTH 350 Intro. to Public/Comm. Health	3	_____	_____	_____
HLTH 444 Principles of Epidemiology and Biostatistics	3	_____	_____	_____
HLTH _____	3	_____	_____	_____
HLTH _____	3	_____	_____	_____

**SPECIALIZATION: CHES** (36-38 hours)

HLTH 201 Applied Human Anatomy and Physiology I OR BIOL 213/214 Human Anatomy and Physiology I/Lab	3 OR 3/1	_____	_____	_____
HLTH 202 Applied Human Anatomy and Physiology II OR BIOL 215/216 Human Anatomy and Physiology II/Lab	3 OR 3/1	_____	_____	_____
BIOL 203 Introductory Microbiology OR BIOL 303 Microbiology	4	_____	_____	_____
EXSC 310 Physiology of Exercise	3	_____	_____	_____
EXSC 320 Measurement/Evaluation in Health/Kinesiology	3	_____	_____	_____
HLTH 252 Drugs in Society	3	_____	_____	_____
HLTH 301 Principles of Health Education	2	_____	_____	_____
HLTH 420 Principles of Behavior Change and Health Counseling	3	_____	_____	_____
HLTH 452 Methods/Materials in Community Health Education	3	_____	_____	_____
HLTH 453 Program Planning and Evaluation in Health Education	3	_____	_____	_____
HLTH 488 Infectious Disease	3	_____	_____	_____
-HLTH 499 Professional Practice in Health Science	3	_____	_____	_____

**NOTE: "C" or better is required in all HLTH major and BIOL courses and all majors must be CPR and First Aid certified prior to taking HLTH 499.**

**DIRECTED COURSES (REQUIRED)** (0-7 hours) These courses are approved General Education courses and may be counted in Foundational/ Investigative Studies.

MATH 201 Intro. to Probability/Statistics	3	_____	_____	_____
CHEM 107 General/Organic Chemistry	4	_____	_____	_____

**FREE ELECTIVES** (0-9 hours) Minors are included as elective hours, as are CRST 290 and any INFT courses.

_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

**GRADUATION REQUIREMENTS**

CRST 290 History of Life	2-3	_____	_____	_____
FRSM 101 Freshman Seminar	REQ.	_____	MET	_____

All Christian/Community Service requirements must be satisfied before a degree will be awarded.

**TOTAL** – 120 hours minimum required. (Of this total, at least 32 hours must be 300-400 level.)