

## SUGGESTED COURSE SEQUENCE

### FRESHMAN YEAR

| <u>First Semester</u>             |    | <u>Second Semester</u>                          |          |
|-----------------------------------|----|---|----------|
| BIBL 110                          | 2  | BIBL 105  | 2        |
| INQR 101                          | 1  | ENGL 101  | 3        |
| RLGN 105                          | 2  | EVAN 101  | 2        |
| UNIV 101                          | 1  | THEO 201  | 2        |
| Composition Elective <sup>1</sup> | 3  | Communications Elective <sup>1</sup>            | 3        |
| EDUC 125                          | 1  | Social Science Elective <sup>1</sup> [PSYC 210] | 3        |
| HLTH 216                          | 3  | KINE 225  | 1        |
| KINE 101                          | 1  | CSER  | 0        |
| KINE 207 <sup>2</sup>             | 2  |   | Total 16 |
| CSER                              | 0  |   |          |
| Total                             | 16 |   |          |

### SOPHOMORE YEAR

|  |       |  |             |
|--|-------|--|-------------|
| RSCH 201   | 3     | THEO 202   | 2           |
| Literature or Philosophy Elective <sup>1</sup>       | 3     | Information Literacy Elective <sup>1</sup>           | 3           |
| Natural Science Elective <sup>1</sup> [BIOL 213/214] | 3-4   | Natural Science Elective <sup>1</sup> [BIOL 215/216] | 3-4         |
| Math Elective <sup>1</sup>                           | 3     | EDUC 240   | 2           |
| Technology Competency <sup>3</sup>                   | 0-3   | HLTH 252   | 3           |
| EDUC 221   | 2     | KINE 208   | 2           |
| CSER   | 0     | KINE 209   | 1           |
| Total  | 14-18 | CSER   | 0           |
|  |       |  | Total 16-17 |

### JUNIOR YEAR

|  |       |                       |          |
|--|-------|-----------------------|----------|
| Cultural Studies Elective <sup>1</sup> | 3     | EXSC 311              | 3        |
| CRST 290                               | 2-3   | EXSC 320              | 3        |
| EXSC 310                               | 3     | HLTH 330              | 3        |
| KINE 210                               | 1     | HLTH 402              | 3        |
| KINE 211                               | 1     | KINE 213 <sup>4</sup> | 1        |
| KINE 212 <sup>2</sup>                  | 1     | KINE 215 <sup>4</sup> | 1        |
| KINE 245 <sup>2</sup>                  | 1     | KINE 322 <sup>4</sup> | 1        |
| KINE 333                               | 2     | KINE 450 <sup>4</sup> | 3        |
| KINE 334                               | 1     | CSER                  | 0        |
| CSER                                   | 0     |                       | Total 18 |
| Total                                  | 15-16 |                       |          |

### SENIOR YEAR

|                                   |    |          |          |
|-----------------------------------|----|----------|----------|
| EDUC 360                          | 2  | EDUC 476 | 5        |
| HLTH 440 <sup>2</sup>             | 2  | EDUC 477 | 5        |
| HLTH 441 <sup>2</sup>             | 1  | KINE 435 | 2        |
| KINE 214                          | 1  | CSER     | 0        |
| KINE 326 <sup>2</sup>             | 1  |          | Total 12 |
| KINE 404 <sup>2</sup>             | 3  |          |          |
| KINE 451 <sup>2</sup>             | 3  |          |          |
| SMGT 300                          | 3  |          |          |
| Kinesiology Elective <sup>5</sup> | 1  |          |          |
| CSER                              | 0  |          |          |
| Total                             | 17 |          |          |

#### Notes

All applicable prerequisites must be met

<sup>1</sup>Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling in core competency requirements

<sup>2</sup>Course offered in fall only

<sup>3</sup>All students must pass the Computer Assessment OR complete applicable INFT course; refer to <http://www.liberty.edu/generalstudies/inft> for more information

<sup>4</sup>Course offered in spring only

<sup>5</sup>Choose from KINE 216-240