Exercise Science: Frequently Asked Questions

Who is my academic advisor for Exercise Science?

**Freshman and Sophomore Advisor:** Mr. Jonathan Chung (located in Science Hall T018) jchung3@liberty.edu

**Junior and Senior Advisors:** Based on the first letter of the student's last name:
- A-D: Dr. David Titcomb (Science Hall T013) dtitcomb@liberty.edu
- E-H: Mr. Justin Kilian (Science Hall T06) jrkilian@liberty.edu
- I-L: Dr. Jeff Lowes (Science Hall T026) jnlowes@liberty.edu
- M-P: Dr. Linda Farver (Science Hall T022) llfarver@liberty.edu
- Q-T: Dr. David Horton (Science Hall T024) dhorton@liberty.edu
- U-Z: Dr. Stephen Eakin (Science Hall T023) sweakin@liberty.edu

**What are the recommended course sequences that I should take each semester?**

Please see the following CASAS webpage for course sequences. Scroll down to Exercise Science degree, select your track. [https://www.liberty.edu/index.cfm?PID=16710](https://www.liberty.edu/index.cfm?PID=16710)

Make sure to also look at your DCP. Course pre-requisites are listed in the course catalog as well as on a pre-requisite sheet that your advisor has. If you have questions, see your advisor.

**What is the difference between pre-professional and fitness specialist tracks?**

They are very similar regarding Exercise Science courses, however Gen Ed’s are slightly different as Pre-professional track is for students planning on attending graduate school.

Pre-professional track requires 16 credit hours of science courses. Students can select these 16 hours from the following list: General Biology, Microbiology, Chemistry, Organic Chemistry, and Physics. If you are Pre-Professional and your DCP lists Chemistry and Physics requirements, you may substitute one or both courses with a course listed above if you choose (this is often done if the graduate school you are planning on attending (for OT or PA school) does not require physics).

Only the Pre-professional track requires Statistics

Only the Fitness Specialist track requires: EXSC 315 Group Exercise Instruction

**How do I apply to the Exercise Science program?**

Please see the Exercise Science website for instructions: [http://www.liberty.edu/index.cfm?PID=82](http://www.liberty.edu/index.cfm?PID=82)

**Where can I get CPR and First Aid Certified on Campus?**

**Combined first aid/cpr/AED certification:** Available through CASAS. Offered regularly throughout the semester. (the course is 4 hours long). Sign up online on the CASAS website: [http://www.liberty.edu/academics/casas/index.cfm?PID=12574](http://www.liberty.edu/academics/casas/index.cfm?PID=12574)

**CPR/AED certification (no first aid component):** Taught by nursing department. Students are informed by EXSC department when it is offered each semester

**First Aid certification course (no cpr component):** Taught by Darlene Martin. Students are informed by EXSC department when it is offered each semester.

**Combined First Aid/CPR/AED certification plus college credit hours:** HLTH 205
- HLTH 205: Fall Semester, taught by Eric Brubaker
- HLTH 205: January Intensive, taught by Eric Brubaker
Is there an Exercise Science Club?
Yes. The club is open to all EXSC students and meets several times throughoout each semester. Student officers are re-elected each year. Mr. Justin Kilian is the faculty advisor who oversees the club.

What is required to take the ACSM Certified Exercise Physiologist (EP-C) exam?
This certification exam is taken by EXSC students prior to internship their Senior year and is part of the EXSC 485 course. Please see the Exercise Science website for more information: http://www.liberty.edu/index.cfm?PID=82

What score do I need to earn on the EP-C exam in order to graduate? 480/800
What score do I need to earn on the EP-C exam in order to become certified? 550/800

Why can’t I sign up for a class?
If you are unable to sign up for a class on ASIST, you will see an error message that explains why you cannot sign up for the class. The most common errors are prerequisite errors and campus restriction errors. The prerequisite error means that you do not meet the academic qualifications to take the course. If you have met the pre-requisite, contact the professor of the course you are wanting to take. The campus restriction error means that the class is an online class.

Can I take classes online?
If you have a 2.0 or higher GPA, you can take classes online. If you live on campus, you need at least 3 credit hours residentially. If you are an international student, you need at least 9 credit hours residentially. There are no undergraduate residential exercise science courses offered online. Most of the courses that are listed on the left side of your DCP (general studies) are offered online and residential.

How do I sign up for online classes?
You can sign up for online classes from the Registrar’s Office webpage. Please go to (http://www.liberty.edu/academics/registrar/index.cfm?PID=4849) and select “Residential Students Taking Online Courses.”

Can I take summer classes?
Yes, Liberty University offers summer classes both residentially and online every summer.
Exercise courses (residential) that are typically available in the summer: 310, 320, 340, 410/411, 421, 461, 499.

Can I take a class at a community college and transfer it in to Liberty?
If the community college is an accredited college within the state of Virginia, you can go to the registrar’s website and use the VCCS Transfer Guide (http://www.liberty.edu/index.cfm?PID=10655) to see the course equivalencies. If you are taking the course elsewhere, you will need prior approval by filling out a Transient Approval Form – found on the registrar’s website under “online forms”.

Am I considered a junior or a senior?
As soon as you reach 48 credit hours, you are considered a junior. As soon as you reach 72 completed credit hours, you are considered a senior. You can see your total completed credit hours on ASIST.

Can I substitute a class?
If you want to substitute a class within your major or your directed courses, you will need your department chair’s signature on a course substitution form to substitute a class. If you want to substitute a class outside of
Can I walk in May with remaining classes?
If you will have 2 or fewer courses and are enrolled in those courses for the summer, you can participate in the May commencement ceremony. One of those courses can be EXSC 499, however the other course cannot be another EXSC course. All other EXSC courses need to be completed before your internship. You will not have your degree conferred or your diploma sent until you have successfully completed all coursework and CSER requirements.

Is there a Fall/Winter graduation ceremony held at Liberty University?
Not at this time.

Will I graduate if I have not completed my CSERs?
No. Your degree will not be officially conferred until you have successfully completed all CSER requirements.

Can I transfer to LU Online?
Before transferring to LU Online, you should speak with a Student Advocate (studentadvocate@liberty.edu) about the financial and academic effects of transferring. If you decide you do want to transfer to LU Online, you can withdraw from the residential program through Student Advocate.

How do I get into a class that is full?
You can only get into a class that is full if the professor of the class agrees to sign you in to the class. You will need their signature on an add/drop form. You will need to take that form to the registrar’s office before registration ends.

Where do I find the form for (add/drop, course sub, etc)?
Two options. 1) Print off the form from the website: http://www.liberty.edu/academics/registrar/index.cfm?PID=4849
2) Pick them up at the registrar’s office in person.

Can I do an independent study?
To complete an independent study, you need approval from the Instructor, Department Chair, and Dean. This process should be started the semester prior. The independent study form is found at (www.liberty.edu/registrar) under “online forms”.

Will this class be offered next semester?
All Exercise Science courses are offered each semester.

For all other class availability questions, please go to (www.liberty.edu/registrar) and view the “Course Planning Schedule”.

Can I take more than 18 credits during a semester?
To take 19-20 hours per semester you must have a 3.0 GPA or higher and have Dept. Chair approval.
To take 21 hours per semester you must have a 3.5 GPA or higher and have the Dean’s approval.

How do I get a pre-requisite override to take a course?
These are only approved in special circumstances and must have Department Chair approval.

Can I withdraw from my residential class and pick it up online?
No. Liberty policy does not allow students to attempt a class more than once per semester.

**How do I withdraw from a class?**

To withdraw from a class, please go to [www.liberty.edu/registrar](http://www.liberty.edu/registrar) and select “online forms”. From there, you will need the “Course Withdrawal Form”.

**Do I have a hold on my account?**

Students can see if they have a hold on their account by logging into ASIST. Select the “student” tab, then click on the “Student Records” link. From there, you can select “View Holds”. Faculty can use CRM to view holds by clicking the Banner link within a student’s record.

**How do I appeal a Liberty policy?**

If you believe you have grounds to request a rare exception to official Liberty University Policy, you may email Mr. Tom Calvert (tomcalvert@liberty.edu), the associate registrar, or Dawn Sandas (desandas@liberty.edu). You will need to tell Mr. Calvert what you are appealing and why.

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Dr. David Titcomb