

Brianne Fariss Kilbourne, MS, ATC, CHES

Assistant Professor of Health Professions

Liberty University

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EDUCATION

Liberty University- June 2008 – Present

Degree: Educational Doctorate

Concentration: Educational Leadership

54 Credit Hours Completed

James Madison University- August 2001 – May 2003

Degree: Master of Science

Major: Health Sciences with a concentration in Administrations of Wellness Programs/Health Promotion

Emory & Henry College- August 1997 to May 2001

Degree: Bachelor of Science – Cum Laude

Major: Physical Education with an emphasis in Athletic Training.

CERTIFICATIONS AND LICENSES

Certified Health Education Specialist – April 2011 to Present

Certified Athletic Trainer – September 2001 to Present

Virginia State Certification: Athletic Trainer – January 2002 to Present

CPR/ First Aid/ AED Instructor (Professional Provider): American Heart Association – April 2004 to Present

CPR/ First Aid/ AED Instructor (Professional Provider): American Heart Association – April 2011 to Present

Performance Enhancement Specialist, National Academy of Sports Medicine – March 2006 to Present

ATHLETIC TRAINING EXPERIENCE

Liberty University

Assistant Athletic Trainer – September 2004 to July 2006

- Provide athletic training services to the women's basketball team, men's and women's track and field teams, the men's and women's tennis teams, cheerleading, and any sport that is in an off season.

Appomattox County Public Schools

Appomattox County High School Athletic Trainer – December 2002 to June 2004

- Set up athletic training program including creating all documentation and establishing working relationships with area allied health professionals
- Provided first aid, initial evaluation of injuries, rehab for athletes and provided medical referrals
- Provided education on health and prevention of athletic injuries
- Educated coaches, athletes and parents on the role of an athletic trainer

James Madison University

Graduate Assistant – August 2001 to December 2003

Certified Athletic Trainer: JMU men's soccer team (August 2001- April 2002), JMU men's and women's swimming and diving teams (August 2002- December 2003)

- Provided first aid, initial evaluation of injuries, and rehab for athletes
- Provided direct supervision for JMU Athletic Training Students
- Approved Clinical Instructor (ACI) for Athletic Training Students

Campbell County Schools – May 2002 to January 2003

Substitute Athletic Trainer

- Provided athletic training coverage for four county high schools when staff certified athletic trainers were unavailable

TEACHING EXPERIENCE

Liberty University

Assistant Professor of Health Professions – August 2006 to present

- Instruction of Introduction to Athletic Training, First Responding for Athletic Training, Theories of Therapeutic Exercises, Application of Therapeutic Exercises, Modalities, Senior Practicum, Accident Prevention/Safety Class, Personal and Community Health, Principles of Health Education, Materials and Methods in Community Health and Physical Fitness

Director, Health Promotion Program – August 2011 to present

- Oversee curriculum, budget, accreditation, and faculty for the program.

Assessment Coordinator for the Department of Health Professions – July 2011 to present

- Act as liaison between Institutional Effectiveness and the department. Assist program directors with program assessment ensuring compliance with SACS requirements.

Adjunct Faculty: Athletic Training Education Program – August 2005 to May 2006

- Instruction of First Responding for Athletic Training and Therapeutic Exercises

ACES Preparatory Workshop for the NATABOC Certification Exam

Course Instructor - January 2003 to Present

- Instruction of junior and senior athletic training students throughout the country preparing for the NATABOC exam on test preparation and study skills
- Prepare site for the workshop, including room reservation, catering, etc.

Appomattox County Public Schools

Elementary Physical Education Teacher – August 2003 to June 2004

- Taught physical education to all third, fourth and fifth grade students which emphasizes students learning basic pre-sport skills and working cooperatively with others
- Performed physical fitness testing for all third, fourth and fifth grade students
- Maintenance of all physical education equipment
- Committee chair for field day committee

James Madison University

Graduate Assistant – August 2002 to May 2003

- Instruction of Emergency Health Care labs, Prevention and Care of Athletic Injuries labs, and Pre-professional Practicum Class in Athletic Training
- Acted as administrative assistant for Athletic Training Faculty including covering lectures in their absence

PROFESSIONAL AFFILIATIONS

National Athletic Trainers' Association - 1999 to Present

American Red Cross - 2001 to 2004

American Heart Association – 2004 to 2006

Virginia Athletic Trainers' Association - 1999 to Present

Society for Public Health Education – 2011

SCHOLARLY ACTIVITIES

Presentations

- Virginia Athletic Trainers' Association Annual Symposium – 2003 Annual Meeting
“Innovative Approaches for Facilitating Clinical Instruction”

Publications

- Schoffstall, J., Titcomb, D., and Kilbourne, B. (2010). Electromyographic Response of the Abdominal Musculature to the Abdominal Crunch Exercise Utilizing the Hollowing Maneuver. *Journal of Strength and Conditioning Research*, 24(12), 3422-3426. doi: 10.1519/JSC.0b013e3181e74315

SERVICE**Community**

- VIP Coordinator and Preschool Kids Focus Director, Brentwood Church - 2008-2011
- Volunteer Athletic Training Services to LU Men's Hockey Team September 2007 to Present
- Sunday School Teacher, New Chapel Baptist Church, 2004 to 2007
- Member, New Chapel Baptist Church Choir, 2004 to 2007
- Member, Women's Mission Union, New Chapel Baptist Church, 2004 to 2007
- Children's Choir Director, New Chapel Baptist Church, 2005 to 2007

PROFESSIONAL DEVELOPMENT**Conferences Attended**

- NATA National Convention, St. Louis, June 2011
- VATA, Richmond, January 2012, 2013
- From Field to Plate: Nutritional Workshop, Greensboro, April 2011
- National Athletic Trainers' Educators Conference, Washington D.C., February 2011
- National Athletic Trainers' Educators Conference, Washington D.C., February 2009
- Orthopedic Center of Central Virginia Sports Medicine Conference, Lynchburg, August 2009, 2010, 2011
- VATA, Charlottesville, January 2007
- NATA National Convention, Indianapolis, June 2005
- NATA National Convention, Baltimore, June 2004
- VATA, Williamsburg, January 2003
- Cabarrus County Annual Symposium, Cabarrus County, January 2003
- VATA, Williamsburg, January 2002

RELATED COURSE WORK

- Principles of Health Literacy, Virginia Tech – Spring 2008
- Performance Enhancement Specialist, National Academy of Sports Medicine, 2006
- Coaching Principles Course: American Sport Education Program (ASEP)/National Federation of State High School Associations (NFHS) Coaches Education Program – December 2002
- CPR Instructor, Layman, American Red Cross, - July 2001 to July 2004