DEPARTMENT OF COUNSELOR EDUCATION AND FAMILY STUDIES

PH.D. COUNSELOR EDUCATION & SUPERVISION

- COURSE DESCRIPTIONS -
(*From Online Graduate Catalog 2015-2016)

2015-2016
PH.D. COUNSELOR EDUCATION AND SUPERVISION: COURSE DESCRIPTIONS

Clinical Prerequisite Courses (33 hours)

COUC 710 *Advanced Group Counseling (3 hours)*: This course reviews counseling leadership styles in task-oriented and personal growth groups. Current research on group counseling models and application is critiqued. Emphasis is placed upon leadership behaviors that are most facilitative to the group process.

COUC 714 *Supervision & Consultation (3 hours)*: This course reviews theory, practice, and experience of supervision for counselors in training. Students apply principles and theory while supervising other students, as well as being supervised themselves.

COUC 715 *Advanced Theory Application (3 hours)*: This course reviews and critiques counseling theories. Research regarding counseling theory constructs, along with their application in different settings and populations, is reviewed.

COUC 720 *Advanced Family, Systems & Development (3 hours)*: Students review of family therapy models, with special emphasis placed upon family change issues over the life span. Specifically, research is reviewed on family assessment, the family life cycle, and family pathology in the developmental context.

COUC 730 *Issues in Integration (3 hours)*: Students review current trends and themes in integration literature. Special emphasis is given to current philosophical, theological, and psychological bases of integration, models of integration, and future themes.

COUC 740 *Advanced Research Design (3 hours)*: Students review the process and method of developing and conducting research. Emphasis will be placed upon the application of methods for development and preparation of the doctoral proposal.

COUC 745 *Advanced Multivariate Statistics & Quantitative (3 hours)*: Students critically examine both quantitative and qualitative designs for research to assist in the preparation of composing a research proposal for discussion and critique in class. Each student will submit a formal written proposal.

COUC 747 *Instruction in Counselor Education (3 hours)*: The course is designed to address the need for counselor educators to operate within a biblically framed pedagogy. To do so, the course examines established and emerging teaching and learning perspectives and practices, viewed through the lens of Scripture, as foundational for developing and reflectively practicing a personal philosophy of education. Participants will be expected to reflect on their own learning, as well as dialogue with others, to build a meaningful education learning community.

COUC 750 *Qualitative Research (3 hours)*: Qualitative research helps advance our understanding of effective solutions to the complex problems addressed in counseling.
Therefore, counseling doctoral students need to understand the main qualitative methods of inquiry and when/how to appropriately use them. This course promotes understanding of the main qualitative research methods and their application to the counseling field. Selected qualitative research methods are explored, appropriate problems for qualitative inquiry delineated, and rigorous, ethical, and effective qualitative research strategies are applied to problems addressed in the field of counseling.

**COUC 800 Advanced Assessment (3 hours):** Prerequisites: CMHC/COUN 500, 501, 502, 504, 505, 510, 512, 515, 521, 522, 646. This course provides students with an understanding of the use and application of personality assessment instruments, including projective tests with individuals. Students learn testing procedures as well as application of results and use in diagnosis and treatment planning.

**COUC 850 Advanced Career Counseling (3 hours):** This course provides students with a thorough grounding in current career development theories and application. Special attention is given to career development, career counseling with special populations, and decision-making models.

**COUC 969 Qualifying Exam (0 hours):** Prerequisites: COUC 715, 730, 740, and 745 must be taken before sitting this exam. The Qualifying Exam consists of three essay questions pertaining to (1) advanced counseling theory and practice (COUC 715); (2) integration of psychology, theology, and spirituality (COUC 730); and (3) quantitative research design and statistics (COUC 740 and 745). All answers are expected to have primary sources cited with dates, titles, and authors relevant to the subject matter. Typed answers should strictly follow the APA 6th Edition Publication Manual.

### Advanced Clinical Mental Health Courses: (18 hours)

**COUC 805 Advanced Psychopathology & its Treatments (3 hours):** This course presents a comprehensive examination of the major psychiatric disorders contained in the Diagnostic and Statistical Manual of Mental Disorders, including Personality Disorders and Character Flaws. Students will learn multi-axial diagnosis and develop treatments for these disorders.

**COUC 815 Empirically Supported Treatments for Adults (3 hours):** Evidence-based or empirically supported practice involves “the integration of the best available research with clinical expertise in the context of patient characteristics, culture, and preferences” (APA, 2005). In this course, students will explore and understand how science informs clinical practice in the field of counseling with the goal of translating learning into ethical, effective, and biblically grounded clinical practice.

**COUC 820 Empirically Supported Treatments for Children & Adolescents (3 hours):** Evidence-based or empirically supported practice involves "the integration of the best available research with the clinical expertise in the context of patient characteristics, culture, and preferences" (APA, 2005). In this course, students will explore and
understand how science informs clinical practice in the field of counseling with the goal of translating learning into ethical, effective, and biblically grounded clinical practice with children and adolescents.

**COUC 998 Practicum (3 hours):** This course of offered ONLINE only. Supervised practice of counseling. Focus is on the skills and development of the counselor under the supervision and guidance of staff in that setting. Students will actively participate in counseling situations with individuals and groups.

**COUC 999 Internship (6 hours):** This course of offered ONLINE only. Work with individual or groups in practical situations under the supervision and guidance of staff in that setting. Open only to doctoral students or by consent of the department.

**Ph.D. Elective Courses (choose 1, 3 hours)**

**COUC 711 Diagnosis and Treatment of Addictive Behaviors (3 hours):** The psychological and psychosocial effects of various drugs are examined, along with current information about the effects of addictive patterns and behaviors on individuals, couples, and families. Emphasis is placed on counseling skills and techniques from individual, relational, and systemic perspectives in working with various types of addictive behaviors.

**COUC 712 Psychopharmacology (3 hours):** Prerequisites: Ph.D. student or MA student who has completed CMHC 646. This course is a study of neurology, brain-behavioral relationships, diseases, injuries, and psycho-pharmacology. The effects of psychotropic drugs on individuals are examined and Pastoral Care and Counseling treatments are developed.

**COUC 797 Counseling Seminar (3 hours):** An intensive study in a specific subject of Professional Counseling. This course allows variation in the approach and content of the regular curriculum and often will be used by visiting professors.

**COUC 806 Cognitive-Behavioral Therapy (3 hours):** An overview of theoretical foundations of cognitive-behavioral therapy. Students learn the assessment, conceptual framework, strategic focus, and technical details of how cognitive-behavioral therapy is conducted.

**COUC 997 Counseling Seminar (3 hours):** An intensive study in a specific subject of Professional Counseling. This course allows variation in the approach and content of the regular curriculum, and often will be used by visiting professors.
Dissertation Courses (12 hours)

COUC 870 Quantitative Research Seminar (3 hours): The course is designed to assist dissertators in clarifying, developing, and completing their dissertations by examining both the methodological and practical issues involved in quantitative research designs and advanced, multivariate statistical methods. Under the supervision of the instructor, students will present their own dissertation research ideas to the seminar participants for discussion, critique, and advice. Specific attention will be given to insuring that students craft research questions that build upon previous research and then selecting an appropriate research design and statistical analytic strategy. Concerns about internal and external validity will be addressed, as well as measurement issues, data quality, statistical power, and effects sizes. Additionally, institutional guidelines regarding thesis and dissertation policies and procedures, the Human Research Review Committee application, publication options, timelines, committee membership, etc., requirements will be reviewed. OR.

COUC 871 Qualitative Research Seminar (3 hours): The course is designed to assist dissertators in clarifying, developing, and completing their thesis by examining both the philosophical and methodological issues of qualitative research. Under the supervision of the instructor, students will present their own work to the seminar participants for discussion, critique, and advice. Additionally, institutional guidelines regarding thesis and dissertation policies and procedures, the Human Research Review Committee application, publication options, timelines, committee membership, etc., requirements will be reviewed.

Ph.D. Candidacy Exam (0 hours). The Candidacy Examination is a learning outcomes based assessment portfolio that is defended to the student's Advising Committee. The portfolio is defended once all required coursework for the Ph.D. program is completed with a grade of B or better.

COUC 989 Dissertation Proposal & Research (6 hours): This course is offered ONLINE only. It prepares students for research and writing of the Dissertation. The student remains continuously enrolled in COUC 989 (at least two terms) until their dissertation committee determines they are ready to defend their dissertation. International students who need to maintain 6 hours may take up to 6 dissertation hours per semester. When the Chair gives permission to do so, the student will register for their final 3 credit hours: COUC 990 Dissertation Defense.

COUC 990 Dissertation Defense (3 hours): This course is offered ONLINE only. Students orally defend their dissertation proposal (can be remote or by teleconference) and their final dissertation project (in person). The defense is scheduled when all doctoral committee members have had an adequate opportunity to review the final draft of the doctoral dissertation and approve of moving forward with the defense. The defense is open to the public, held on campus, and must be scheduled a minimum of one month following approval.