

Course Descriptions

COUN 501: Counselor Professional Identity, Function and Ethics (3 hrs) This course introduces students to concepts regarding the professional functioning of counselors, including history, roles, professional organizations, ethics, legalities, standards, and credentialing. Current issues in therapeutic practice in a variety of professional settings are explored.

COUN 502: Human Growth and Development (3 hrs) (**Formerly: COUN 520**) This course includes a survey of the organic, social, and psychological factors that influence the development of personality. It seeks to understand what makes a person distinctively different along with a critical evaluation of various theories of personality development, particularly as they relate to questions of values and religious commitment.

COUN 503: Research and Program Evaluation (3 hrs) (**Formerly: COUN 585**) Students learn to conceptualize research problems and develop hypotheses. Emphasis is on defining and measuring the important variables, design of research strategies, analysis of data, interpretation and inference, and writing and implementing a research proposal.

COUN 504: Ethnicity, Families and Counseling (3 hrs) (**Formerly: COUN 615**) This course focuses on the contribution of ethnic background to family makeup and functioning. Major ethnic minorities are studied along with the counseling approaches appropriate to each.

COUN 505: Counseling Techniques and the Helping Relationship (3 hrs) (**Formerly: COUN 660**) An intensive counseling experience designed to enhance self-awareness, promote personality exploration, and provide case discussion and analysis. Fundamentals of the therapeutic relationship and essential skills are examined.

COUN 506/PACO 506: Integration of Psychology and Theology (3 hrs) (**Formerly: COUN 645**) This course prepares students to counsel with a variety of religious clients, particularly religious clients who would define themselves as evangelical Christians. The course provides a systematic overview of Christian doctrines, a discussion of various theological viewpoints regarding those doctrines, and an examination of how psychological and theological concepts relate to each other.

COUN 507/PACO 600: Theology and Spirituality in Counseling (3 hrs) (**Formerly: COUN 642**) An examination of the content, comprehensiveness and validity of several counseling theories that have been developed by prominent Christian counselors.

COUN 510: Theories of Counseling (3 hrs) (**Formerly: COUN 612**) This course provides an intensive look at selected theories of counseling and psychotherapy. The major concepts of each theory are reviewed and critiqued in light of current research and theory. Students are encouraged to begin to define their own theoretical approach.

COUN 512: Group Process (3 hrs) (**Formerly: COUN 606**) This course enables students to understand the types of groups, their purpose, development and dynamics, counseling theories, and group counseling methods and skills. Ethical and legal considerations of group counseling are also explored. This course is taught in one-week residency format only. Students are required to participate in small groups for educational and self-assessment purposes.

COUN 521: Individual Appraisal (3 hrs) (**Formerly: COUN 600**) A survey of the appraisal methods in education and psychology is given. Basic psychometric properties of these are also examined along with issues related to the use and interpretation of tests. Emphasis is on the use of tests by counselors and educators.

COUN 522: Career Development and Counseling (3 hrs) (**Formerly: COUN 650**) This course provides students with understanding of career development and related life factors. Students study career development theory and decision-making models, procedures for planning and conducting effective job searches, assessment instruments and techniques relevant to career planning and decision-making, and the use of career information. Emphasis is placed on understanding the interrelationships between career development and career decision-making and such factors as God's calling, family, socio-economic status, leisure, individual interests and abilities, and other life roles.

COUN 601: Marriage and Family Counseling I (3 hrs) A consideration of the dynamics of marriage and family relationships is given. Emphasis is on understanding the structure and function of marriage, the various aspects of the marital relationship, family systems, and ways the counselor may approach marriage and family counseling as a creative, preventative, and healing ministry.

COUN 602: Marriage and Family Counseling II (3 hrs) Prerequisite: PSYC 355 or equivalent. This course is an experiential exploration of selected, major treatment approaches utilized in premarital, marital and family counseling. Development of practical skills, interventions and techniques constitute the primary focus.

COUN 603/PACO 610: Premarital and Marital Counseling (3 hrs) This course introduces students to a variety of approaches that have been developed for thorough premarital counseling. The course also teaches students a conceptual model for understanding the variety of ways marriages can become dysfunctional, and introduces them to short-term methods that can be used when those kinds of problems develop.

COUN 604/PACO 604: Crisis Counseling and Brief Therapy (3 hrs) An examination of the theory and practice of crisis intervention and approaches to brief therapy.

COUN 610: Human Sexuality (3 hrs) An analysis of the anatomical, psychological, cultural, and religious aspects of a wide range of topics in the area of human sexuality. Emphasis is on the development of an understanding and appreciation of the role of sexuality throughout the various phases of the life cycle.

COUN 611/PACO 611: Counseling Children and Their Families (3 hrs) (**Formerly: Counseling the Child**) The developmental and psychological needs and problems of children are examined through the analysis of personality types and family structure. Counseling techniques (e.g. play therapy) for children are also examined.

COUN 620/PACO 620: Counseling Adolescents and Their Families (3 hrs) (**Formerly: Counseling the Adolescent**) This course examines the transitions of adolescence emphasizing family, social, spiritual/moral, and physical issues. Counseling theories and practices for working with adolescents are explored. Opportunities for application of theory are provided.

COUN 625: Psychopharmacology and Counseling (3 hrs) This course is designed to teach the prospective counselor about the history and development of psychopharmacologic agents, the biochemical nature of the central nervous system and its relationship to psychopharmacology. The legitimate use of medications and their importance for treatment are also examined.

COUN 630/PACO 630: Gerontology and Counseling (3 hrs) This course acquaints the counselor with the issues and problems unique to the elderly in American society. Topics such as suffering, societal attitude, and family structure are examined.

COUN 640: The Psychology of Religious Experience (3 hrs) An examination of psychological and spiritual aspects of religious experience. Insights from the study of comparative religions are included; however, the emphasis is on understanding Christian religious experience.

COUN 646: Psychopathology and Counseling (3 hrs) A study of behavioral deviations, determining factors and differential diagnoses of behavior, considered to deviate from normal patterns. Special attention is given to the DSM.

COUN 667: Clinical Diagnosis and Treatment Planning (3 hrs) Prerequisites: COUN 501, 505, 506, 507, 510, 512, 521, and 646. Students become knowledgeable of the principles of clinical diagnosis and the development of treatment plans; includes use of the current edition of the Diagnostic and Statistical Manual. Both Distance Learning Program and Residential students complete this course in residence.

COUN 668: Capstone Project (3 hrs) (**Formerly: Practicum**)

COUN 687/PACO 687: Counseling Women (3 hrs) This course examines the most common problems women bring to counseling, including both developmental and situational crises. It explores biblical perspectives and the most effective treatments for these situations.

COUN 690: Thesis (3 hrs)

COUN 691: Substance Abuse: Diagnosis, Treatment, and Prevention (3 hrs) A course designed to introduce the student to current counseling and treatment techniques for substance abuse. Emphasis is placed on etiological factors, physiological and psychological effects, and related behaviors.

COUN 695: Directed Research in Counseling (1-3 hrs) Prerequisite: Offered to M.A. and Th.M. students or by permission of instructor and advisor. Designed for advanced students in good standing who have demonstrated an ability to work on their own. Students will work with the instructor in developing a proposal for guided research in a specified area of counseling.

COUN 697: Seminar in Counseling (3 hrs) An intensive study of a specific subject in counseling. This course allows variation in the approach and content of the regular curriculum.

COUN 698: Practicum (3 hrs) (**Formerly: Non-Resident Thesis**) Prerequisites: COUN 667 students will complete supervised counseling and counseling-related experiences in a professional setting. The primary focus is the development of counseling skills.

COUN 699: Counseling Internship (6 hrs) Prerequisites: COUN 505, 506, 512, 697, and 698. This course offers student participation in a clinical experience under supervision in an approved agency along with supervision by a university faculty member.

COUC 700: Theology and Counseling (3 hrs) (**Formerly: The History and Theology of Care and Ethics**) This is a study of evangelical theological and ethical perspectives and their impact on pastoral and professional counseling. Particular emphasis is placed on biblical themes related to human nature, its ideal vs. its present condition, and the divine design for its restoration, health, and destiny.

COUC 705: Philosophy of Religion and the Helping Professions (3 hrs) This course examines several issues that are commonly addressed in both philosophy of religion and counseling, like the problem of evil, the nature of persons, and the issue of religious doubt.

COUC 710: Advanced Group Leadership (3 hrs) Students review leadership styles in task-oriented and personal growth groups. Current research on group leadership models and application is critiqued. Emphasis is placed upon leadership behaviors that are most facilitative to the group process.

COUC 715: Applied Counseling Theories (3 hrs) A review and critique of counseling theories. Research regarding counseling theory constructs, along with their application in different settings and populations, is reviewed.

COUC 720: Family Development (3 hrs) A review of family therapy models, with special emphasis placed upon family change issues over the life span. Specifically, research is reviewed on family assessment, the family life cycle, and family pathology in the developmental context.

COUC 725: Counseling Religious Clients (3 hrs) Counseling issues and special needs of religious clients are discussed, including philosophical and value differences and ethical issues. Students are encouraged to review techniques and therapy styles for different religious groups.

COUC 730: Issues in Integration (3 hrs) Current trends and themes in integration literature are reviewed. Special emphasis is given to current philosophical, theological, and psychological bases of integration, models of integration, and future themes.

COUC 735: Spirituality and Identity (3 hrs) The Christian counselor must be in good spiritual as well as emotional and psychological health in order to assist those needing healing. Personal psychological assessment of each student will take place during this course. This course is intended to provide an opportunity for self-examination, as well as to suggest ways the counselor may sustain good spiritual health while assisting others in a broken world.

COUC 740: Advanced Research Design (3 hrs) A review of the process and method of developing and conducting research. Emphasis will be placed upon the application of methods for development and preparation of the doctoral proposal.

COUC 745: Advanced Statistics (3 hrs) An examination of both quantitative and qualitative designs for research to assist the student in preparing a research proposal for discussion and critique in class. Each student will submit a formal written proposal.

COUN 800: Personality Testing (3 hrs) Use and application of personality assessment instruments is discussed, including projective tests with individuals. Students learn testing procedures as well as application of results and use in diagnosis and treatment planning.

COUN 805: Advanced Psychopathology and Its Treatment (3 hrs) This course presents a comprehensive examination of the major psychiatric disorders contained in the Diagnostic and Statistical Manual of Mental Disorders, including Personality Disorders and Character Flaws. Students will learn multi-axial diagnosis and develop treatments for these disorders.

COUN 806: Cognitive Theory in Counseling (3 hrs) An overview of theoretical foundations of cognitive therapy. Students learn the assessment, conceptual framework, strategic focus, and technical details of how cognitive therapy is conducted.

COUN 810: Diagnosis and Treatment of Addictive Behaviors (3 hrs) The psychological and psychosocial effects of various drugs are discussed, along with current information on addictive patterns and behaviors of individuals. Emphasis is placed on counseling skills and techniques in working with various types of addictive individuals.

COUN 815: Neurological and Psychopharmacological Issues in Clinical Practice (3 hrs) This course is a study of neurology, brain-behavioral relationships, diseases, injuries, and psychopharmacology. The effects of psychotropic drugs on individuals are examined; and Pastoral Counseling treatments are developed.

COUN 850: Advanced Theory in Career Development (3 hrs) A thorough grounding in current career development theories and application is provided. Special attention is given to career development, career counseling with special populations and decision-making models.

COUN 865: Community Systems Counseling: Programs and Practice (3 hrs) Principles of service delivery in community agencies is reviewed, including roles and functions of counselors, trends in community systems, problems, and special populations.

COUN 870: Seminar on Research in Human Services (3 hrs) Seminar on research in counseling, pastoral care and other human services is reviewed.

COUN 875: Advanced Family Counseling (3 hrs) Advanced theoretical foundations and intervention for the practice of marriage and family therapy. Emphasis is on intervention for couples and families in conflict. Treatment strategies and goals for intervention in specific areas of family conflict are described. Supervision of current cases is employed.

COUN 910: Counseling Supervision (3 hrs) Theory, practice, and experience of supervision for counselors in training is reviewed. Students apply principles and theory while supervising other students as well as being supervised themselves.

COUN 920: Consultation in Human Services (3 hrs) Consultation strategies in working with individuals and groups are surveyed. Topics, problems, and research are taken from counseling, adult education, community service agencies, and instructional technology.

COUN 989: Dissertation Seminar (3 hrs) Preparation for research and writing of the Dissertation.

COUN 990: Doctoral Research and Dissertation (6 hrs)

COUN 995: Directed Research (3-6 hrs) An individually selected research project or tutorial under supervision of the student's advisor.

COUN 997: Counseling Seminar (3-6 hrs) An intensive study in a specific subject of Professional Counseling. This course allows variation in the approach and content of the regular curriculum, and often will be used by visiting professors.

COUN 998: Advanced Practicum (3 hrs) Supervised practice of counseling. Focus is on the skills and development of the counselor under the supervision and guidance of staff in that setting. Students will actively participate in counseling situations with individuals and groups.

COUN 999: Internship in Counseling (6 hrs) Work with individual or groups in practical situations under the supervision and guidance of staff of that setting. Open only to doctoral students or by consent of the department.

PACO 801: Pastoral Care and Counseling in the New Millennium Church (3 hrs) This course presents an overview of the field of Pastoral Care and Counseling in the local church setting.

PACO 820: Advanced Readings in Pastoral Care and Counseling (1-3 hrs) An advanced reading class of an approved subject area in Pastoral Care and Counseling.

PACO 852: Growth and Development of the Contemporary Minister (3 hrs) An in-depth look at the person in the ministry. Extensive testing will form the foundation for this course, and the results of the testing will be used to develop a growth-profile for the individual student.

PACO 980: Ministering to Troubled Families (3 hrs) This course presents a biblical-theological base for resolving issues related to marriage and family problems developed within the context of the current American lifestyle.

PACO 985: Pastoral Counseling With Couples in Distress (3 hrs) Provides an in-depth study of marital distress and dissolution, theory, intervention strategies, and factors central to marital stability, growth, and health.

PACO 989: Dissertation Seminar (3 hrs) Preparation for research and writing of the Dissertation.

PACO 990: Doctoral Research and Dissertation (6 hrs)

PACO 995: Directed Research (3-6 hours) An individually selected research project or tutorial under supervision of the student's advisor.

PACO 997: Pastoral Care and Counseling Seminar (3 hrs) An intensive study in a specific subject of Pastoral Care and Counseling. This course allows variation in the approach and content of the regular curriculum, and often will be used by visiting professors.

PACO 998: Practicum in Pastoral Counseling (3 hrs) Supervised practice of counseling. Focus is on the skills and development of the counselor under the supervision and guidance of staff in that setting. Students will actively participate in counseling situations with individuals and groups.

PACO 999: Internship in Pastoral Counseling (6 hrs) Work with individual or groups in practical situations under the supervision and guidance of staff of that setting. Open only to doctoral students or by consent of the department.