

Susanna Hope Rogers

1234 Treadmill Blvd.
Lynchburg, VA 24501

shrogers@email.edu
(123) 456-7890

PROFESSIONAL SKILLS

- Excellent written and verbal communication
- Polished public speaker
- Facilitate and support charitable organizations
- Serve as health resource and education contact
- Communicate and advocate for health education
- Evaluate health education activities and programs
- Coordinate employee wellness programs
- Market strategies for promoting healthy living
- Proficient researcher of current health promotion
- Program Planning and Evaluation in Health Education

EDUCATION

B.S. Health Promotion - Liberty University - Lynchburg, VA

Anticipated May 2013

- **Specialization:** Certified Health Education Specialist (CHES)
- **Minor:** Psychology
- **GPA: 3.76**
- **Related Courses:** Treatment for Substance Abuse, Crisis Intervention, Exercise Physiology, Word Processing and Spreadsheet, Advanced Lifesaving/First Aid/CPR, Business Writing
- **Computer Skills:** Microsoft Office Suite; Microsoft Mac Office 2010

CERTIFICATIONS AND MEMBERSHIPS

- CHES Certification- *National Commission for Health Education Credentialing, Anticipated October 2013*
- CPR/First Aid (Adult, Child, Infant)- *American Red Cross Level 1, Certified May 2012*
- Smoking Cessation Facilitation- *American Cancer Society, Certified January 2012*
- Aerobic dance instructor- *American Council on Exercise, Certified March 2011*
- President, Eta Sigma Gamma- *Liberty University Chapter, August 2011-Present*

HEALTH PROMOTION – RELATED EXPERIENCE

Health & Wellness Consultant - Better Body Wellness Center, Roanoke, VA

January 2011 - Present

- Provide information regarding health care related issues to clients
- Coordinate marketing and dissemination of health education materials to the community
- Write content for leaflets, posters, and brochures to aid health promotion for various ethnicities
- Extensive knowledge of health-related counseling as it pertains to group and individual settings
- Organize and co-presented sport nutrition workshops to educate athletes on proper diet

Wellness Programing Intern – Happy Valley Wellness – Bedford, VA

February 2010 – December 2010

- Presented quarterly educational programs in stress management for member awareness
- Taught 4 workshops a month on proper diet and exercise to promote a healthier lifestyle
- Developed and led the employee walking club that logs 35+ miles a month
- Implemented and presented an easy to follow smoking cessation program for members and employees

VOLUNTEER/COMMUNITY SERVICE

- Volunteered 30+ hours to raise \$2500 in a 5K fun run for Child Family Health International
- Co-presented a healthy eating workshop to 200 children at the Appomattox Elementary School to encourage healthier habits
- Led a one month 5 mile walking program to promote healthy lifestyles for the local YMCA